



# 65CM ANTI-BURST EXERCISE BALL

MODEL# 8616FB

PRODUCT MANUAL - VERSION 3.21.01

FOR AGES:

**13+**

WEIGHT LIMIT:

**350** Lbs

TO BUILD:



**HOW-TO**  
VIDEOS ONLINE



## CUSTOMER SERVICE

GQBrands.com • CustomerService@GQBrands.com • 1-866-498-5269 • 4401 Samuell Blvd, Ste 150, Mesquite, TX 75149



# CUSTOMER SERVICE INFORMATION

## Thank you for purchasing: **65CM EXERCISE BALL**

MODEL# 8616FB

**If you have an issue with your item, do not return. Please report items that are damaged or missing parts to the manufacturer GQ Brands within three days of delivery. Contact customer service at [customerservice@gqbrands.com](mailto:customerservice@gqbrands.com) to open a ticket.**

At GQ Brands®, we want all of our customers to be completely satisfied with their purchase. Take time to review the contents of the product you have just received to make sure that all of the parts are included. If you find that any parts are missing or damaged, we will provide replacement parts at no charge within 30 days of purchase.

**Please Note:** In the interest of better quality and value, we are constantly improving and updating our product information. Most up to date manuals, warnings and product information can be found at:  
<https://www.globalqualitybrands.com/warnings>

To register your product please visit:  
[www.globalqualitybrands.com/product-registration](http://www.globalqualitybrands.com/product-registration)  
or Scan code:



To order these parts, or if you have any other questions or concerns about this GQ Brands product, please contact us at  
[PureFun.net](http://PureFun.net)

GQ Brands®  
Phone: 866-498-5269  
Email: [CustomerService@GQBrands.com](mailto:CustomerService@GQBrands.com)  
4401 Samuell Blvd, Ste 150, Mesquite, TX 75149

*Please be sure to include the following information when you contact Customer Service:*

**YOUR NAME:** \_\_\_\_\_

**YOUR MAILING ADDRESS:** \_\_\_\_\_

**YOUR EMAIL ADDRESS:** \_\_\_\_\_

**PRODUCT NAME:** \_\_\_\_\_

**PRODUCT MODEL#:** \_\_\_\_\_

**PART NUMBER** \_\_\_\_\_

**RETAILER WHERE PURCHASED:** \_\_\_\_\_

**DATE OF PURCHASE:** \_\_\_\_\_

**ORDER NUMBER: (If Available)** \_\_\_\_\_

**PO NUMBER ON BOX: (If Available)** \_\_\_\_\_

**QUANTITY NEEDED:** \_\_\_\_\_

**SERIAL NUMBER:** \_\_\_\_\_

## LIMITED WARRANTY

Global Quality Brands® warrants this product to be free from defects in workmanship and materials under normal use and conditions for a period of **90 DAYS FROM THE DATE OF ORIGINAL PURCHASE**. This Limited Warranty is not transferable and is available only for the original purchaser of the Product. The Company's obligation under this warranty is limited to replacing or repairing the Product, at the discretion of the company.

All warranty coverage extends only to the original retail purchaser from the date of purchase. GQBrands obligation under this warranty is limited to replacing or repairing, at Global Quality Brands® option. All products for which a warranty claim is made must be received by Global Quality Brands® and accompanied by sufficient proof of purchase (photocopy of the original store receipt, indicating the date of purchase). All freight and handling fees are the responsibility of the consumer to pay, both to and from Global Quality Brands®. All warranty claims must be pre-authorized by Global Quality Brands® pre-authorization can be obtained by calling 866-498-5269.

This warranty does not cover ordinary wear and tear, weathering, failure to follow directions, improper installation, improper maintenance, or acts of nature, (such as damage caused by wind, lightning, snow, water, or ice) weather damage, damage caused by unauthorized repair work or damage caused by improper use of the products are not covered by the product warranty. No other warranty beyond that specifically set forth above is authorized by GQ Brands®.

GLOBAL QUALITY BRANDS® IS NOT RESPONSIBLE OR LIABLE FOR INDIRECT, SPECIAL OR CONSEQUENTIAL DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OR PERFORMANCE OF THE PRODUCT OR OTHER DAMAGES WITH RESPECT TO ANY ECONOMIC LOSS, LOSS OF PROPERTY, LOSS OF REVENUE OR PROFITS, LOSS OF ENJOYMENT OR USE, COST OF REMOVAL, INSTALLATION OR OTHER CONSEQUENTIAL DAMAGES. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES. ACCORDINGLY, THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

THE WARRANTY EXTENDED HEREUNDER IS IN LIEU OF ALL OTHER WARRANTIES AND GLOBAL QUALITY BRANDS®, SPECIFICALLY DISCLAIMS ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE IS LIMITED IN ITS SCOPE AND DURATION TO THE TERMS SET FORTH HEREIN. SOME STATES DO NOT ALLOW LIMITATION ON HOW LONG AN IMPLIED WARRANTY LASTS. ACCORDINGLY, THE ABOVE LIMITATION MAY NO APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS. YOU MAY ALSO HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE.

WHILE EVERY ATTEMPT IS MADE TO ENSURE THE HIGHEST DEGREE OF PROTECTION IN ALL EQUIPMENT, WE CANNOT GUARANTEE FREEDOM OF INJURY. THE USER ASSUMES ALL RISK OF INJURY DUE TO USE OR INSTALLATION. ALL MERCHANDISE IS SOLD ON THIS CONDITION, WHICH NO REPRESENTATIVE OF GQ BRANDS® CAN WAIVE OR CHANGE.

## WARNINGS

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# **IMPORTANT MESSAGE**

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Please read all of the warnings and directions below prior to assembly. This trampoline comes equipped with warnings and instructions for the assembly, care, maintenance and use of the trampoline. This information must be read by all trampoline supervisors and users before any person is allowed to jump on the trampoline.

## **ADULT ASSEMBLY REQUIRED**

**CHOKING HAZARD** - Small Parts

**NOT** for children under 3 years of age.

## **WARNING:**

While every attempt is made to ensure the highest degree of protection in all equipment, we cannot guarantee freedom from injury. The user assumes all risks of injury due to use and installation. All merchandise is sold on this condition, which no representative of the company can waive or change.

### **PROPOSITION 65**

THIS PRODUCT CAN POSSIBLY EXPOSE YOU TO CHEMICALS INCLUDING DI(2-ETHYLHEXYL) PHTHALATE (DEHP), WHICH IS KNOWN TO THE STATE OF CALIFORNIA TO CAUSE CANCER AND BIRTH DEFECTS OR OTHER REPRODUCTIVE HARM. FOR MORE INFORMATION GO TO [WWW.P65WARNINGS.CA.GOV](http://WWW.P65WARNINGS.CA.GOV).



## WARNINGS & SAFETY INFORMATION

### Please read these warnings and the information in this manual in its entirety.

Failure to comply with the following instructions may increase the risk of serious injury and/or death:

#### CAUTION!

Before beginning any exercise program, please consult your healthcare provider or physician for prescribed exercise and safety precautions. The manufacturer and its distributors assume no liability or responsibility for accidents or injury to persons or property that may result in connection with the exercises and use of fitness balls.

- The owner and supervisors of this product are responsible to make sure all users are aware of the warnings and use specified in this manual.
- Ensure the exercise ball has been assembled correctly, per the instructions in the manual.
- This product is recommended for use by children and adults ages 13 and up.
- 65cm is recommended for users 5'8" to 6'2"
- DO NOT exceed the MAXIMUM WEIGHT of 350LBS (158KG).
- DO NOT over-inflate the ball. Serious bodily injury may result if inflation and deflation instructions are not carefully followed. Fitness balls MAY BURST from the effects of improper handling, which could cause serious injury.
- DO NOT use an air compressor to inflate your fitness ball. Air compressors blow cold air that could expand after returning to room temperature.
- DO NOT inflate your exercise ball when the room temperature where you will use the ball is greater than 90° F/32° C or less than 65° F/18° C.
- DO NOT use the ball if it will not fully inflated.
- DO NOT drag this product on the ground when moving.
- DO NOT use this product as a flotation device or pool toy.
- This ball is not recommended for use during pregnancy.
- Wear appropriate exercise clothing and footwear.
- Make sure you have adequate clearance in the area around where you intend to use the fitness ball. The area should have a clean, level, non-slip, solid padded surface.
- This exercise ball is only designed for normal residential use. It is NOT intended for commercial applications and/or in public areas such as gyms, schools, parks, day cares, commercial/communal gyms, etc. and will void warranty if used in this fashion.
- Do not kick or throw the fitness ball and only use it for its intended purpose.
- ALWAYS secure the ball against unauthorized and unsupervised use.
- ALWAYS remove jewelry, belt buckles or any other sharp objects before using this ball.
- The fitness ball is not intended for outdoor use.
- Ensure area around ball is clear of any toys/ obstacles that may cause injury when in use.
- Use extreme care when mounting, dismounting and changing positions on your fitness ball. Due to its round shape, the fitness ball could roll out from under the user with quick movements and possibly result in injury to the user.
- Keep ball away from hot surfaces or open flames while in use or stored away.
- Keep ball away from sharp or pointy objects and pets.
- Before each use inspect the fitness ball for any damage, worn spots, cracks or foreign objects that might harm the surface. If there is any sign of damage, DO NOT attempt to use it or repair it.
- The contents are not suitable for children under 3 years. This product contains small parts, which may cause choking.
- Use this product only with mature, knowledgeable supervision.
- DO NOT store the ball outdoors or where exposed to moisture or extreme temperatures
- Dispose of all packaging materials safely and per local ordinance
- Please read and refer to other warnings and use information in the instructions before use.
- Retain this manual for future reference.





# ASSEMBLY & USE INSTRUCTIONS

## INFLATION INSTRUCTIONS

1. Unfold the ball and pull apart the sides.
2. Wrap a measuring tape around the fitness ball with the recommended inflation measurement touching the beginning of the tape at the air hole of the fitness ball or make an erasable mark on a wall 26" from a level floor and inflate the ball to this line.
3. Locate the valve and remove valve stem with included tool.
4. Inflate the ball with the included pump until the measuring tape fits around the circumference of the ball indicating that it is fully inflated. (approx. 26").
5. DO NOT use the ball if it is over inflated or expanded to a size greater than the corresponding size on the chart.
6. Once inflated, quickly Insert the valve plug and let stand for 4 hours to allow the ball material to stretch.
7. If necessary, add more air to the exercise ball. Once inflated, re-insert the valve plug.



## DEFLATION INSTRUCTIONS:

1. Simply remove the plug and press on ball to help let the air out until it is deflated.

### WARNING!

DO NOT use a sharp instrument to remove the plug.

# FREQUENTLY ASKED QUESTIONS

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Question: "One of the pieces is missing" or, how do I replace it?"

Answer: If you are still within your warranty period, you should contact customer service. You can also purchase select replacement parts at: [www.purefun.net](http://www.purefun.net)

Question: "I had a part missing from my box" or "something was damaged during assembly, can you send it to me?"

Answer: If it has been 30 days or less from the date of your initial purchase, you can contact customer service for a replacement part to be issued.

## MAINTENANCE AND CARE

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**Clean your fitness ball using a soft cloth and warm, soapy water.  
DO NOT use abrasive or chemical cleaners.**

### Thank You Coupon!

As a way of saying thank you for purchasing one of our products, here is a 10% OFF coupon for your next purchase at

**[www.PureFun.net](http://www.PureFun.net)**

Use Code: GQBRANDS10 at Checkout