

## INTRODUCTION

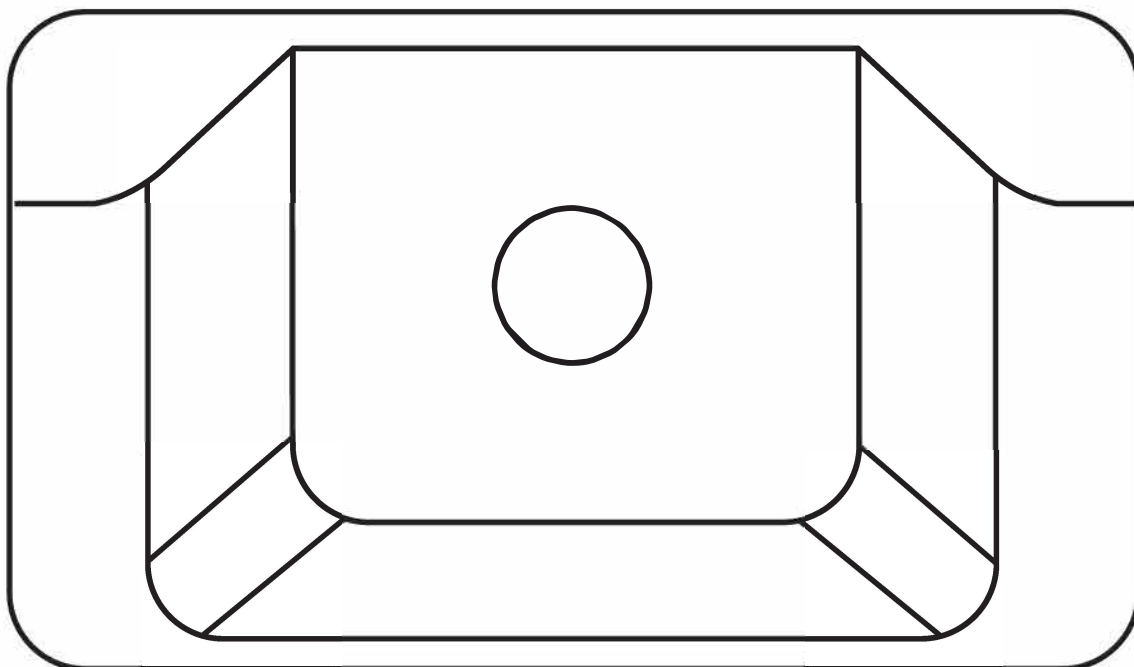
The **Active Standing Mat** (USA & International Patents Pending) is designed to make standing more fun, healthy and engaging. It's the perfect anti-fatigue mat for Standing Desks and works well just about anywhere that you'll be standing stationary for a period - in the kitchen, garage, warehouse, workshop, or office.



### WARNINGS! (Read & Understand These)



- ⚠ **NOT FLAT!** The Active Standing Mat is not flat and is therefore a trip and fall hazard. Exercise caution when stepping on and off the Active Standing Mat. Falling can cause acute and lasting injuries, and in rare cases, death.
- ⚠ **TRIP HAZARD!** Keep the Active Standing Mat stowed under your desk or in a closet when not in use to prevent others from tripping. Do not leave the Active Standing Mat in walkways or other areas with foot traffic.
- ⚠ **HEAT SENSITIVE!** Do not place the Active Standing Mat near a space heater or open flame. It may become damaged and may create a fire hazard that could result in property damage, injuries, and death.
- ⚠ **DO NOT USE** or leave the Active Standing Mat in an area where you or others are likely to be carrying things.
- ⚠ **DO NOT USE** the Active Standing Mat if you have impaired balance or stability and don't leave it in an area trafficked by an individual with this condition.
- ⚠ **DO NOT USE** the Active Standing Mat while wearing high-heeled shoes. Stable footwear is required for using the Active Standing Mat. High heels, stilettos, and other shoes with similar construction may damage the surface.
- ⚠ **KEEP CLEAN!** Use a mild cleaning solution (such as water and vinegar) to clean the Active Standing Mat. Do not use products that may leave behind a slippery film or residue and ensure the Active Standing Mat is fully dry before resuming use.
- ⚠ **STOP USE!** If you experience pain or unusual discomfort while using the Active Standing Mat, stop use immediately.



## RECOMMENDED USE

**SHOES:** We recommend using the Active Standing Mat while wearing stable low-heel or flat shoes. It is contrary to these recommendations to use the Active Standing Mat while wearing high-heeled shoes.

**WHEN NOT IN USE:** When not using the Active Standing Mat, slide it under your desk or put it in a closet, off the floor to prevent creation of a tripping hazard.



### TRIPPING HAZARD.

The Active Standing Mat is an uneven surface and creates a tripping hazard.

**SAFETY FIRST!** When in doubt, please work with a safety supervisor or ergonomist for an assessment of your specific situation.

### HAVE A QUESTION? NEED HELP?

#### Have Questions? Need Help?

Our A+ customer support team is here to help:

**EMAIL:** [hello@UncagedErgonomics.com](mailto:hello@UncagedErgonomics.com)

**PHONE:** 240-583-0517

If you decide that the Active Standing Mat is not appropriate and/or safe for your situation, please return your unit for a full refund. 😊

Uncaged Ergonomics has a friendly, fair 30-day "No Questions Asked" return window

