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If you have any questions, comments or concerns, feel free to contact us by phone at 888-881-4668, by email: customerservice@serenityhealth.com, or via our contact us page at www.SerenityHealth.com/contact-us/

General Use & Care Manual: Brazilian Hammock

HAMMOCK CARE

Under normal use, your hammock will last for years. It is important to follow these basic tips to prolong the life of your hammock:

- LOCATION: A shady spot is best for hanging your hammock. The less direct sunlight the hammock is exposed to, the longer the life of the fabric and ropes will be.
- STORE IT: Keep your hammock indoors during bad weather, the winter months and when it will not be used for an extended period of time. Limiting your hammock's exposure to the elements will prolong its lifespan. Make sure it is completely dry before storing.
- PROTECT IT: Do not allow children or pets to play in the hammock. Excessive swinging or rough play may cause injury or wear the hammock out prematurely.

GETTING IN

Turn your back to the hammock. Reach behind your body and lift the far side. Place your other hand on the near edge and lift yourself into the hammock similar to how you would sit in a chair. Lift your legs into the hammock and position yourself however feels most comfortable.

CLEANING

DO NOT use bleach or fabric softeners.

Do not tumble dry - lay flat to dry.

Tie rope ends at equal intervals with pieces of cord so there is less risk of tangled ropes.

Hand-wash with warm water, soap or mild detergent, and a soft-bristled scrub brush. Rinse thoroughly, ensuring all soap residue has been removed. Air-dry only, laying the hammock on a flat surface to prevent the ropes from stretching.

Machine wash on the gentle/delicate cycle, using a mesh net laundry washing bag and mild detergent. Before placing your hammock in the laundry washing bag, tie the ends of the hammock together to prevent tangling. Air-dry only, laying the hammock on a flat surface to prevent the ropes from stretching.

Never fold the hammock when wet or store it in a damp place.

1 SAFETY STATEMENTS & WARNINGS

Safe Use of Your Hammock

- · Before each use, inspect your hammock for wear or weakness.
- Take your time getting into and out of your hammock. Any hammock may tip if your weight isn't centered.
- Excessive swinging and other rough play may result in injuries and may wear out your hammock prematurely.
- Small children should not play unsupervised in your hammock.
- Pets should not be allowed into hammocks as it may result in injuries or damage the product.
- Do not exceed the recommended weight capacity of the hammock.