POSITIVE POSTURE®

SOLARA

OWNER'S MANUAL

Read this manual thoroughly before you start using your massage chair. In particular, please pay close attention to the sections of this manual devoted to safety.

Follow the instructions in this manual for the safe use and maintenance of your massage chair. This manual should be kept on hand as a reference.

This product is designed for home use.

POSITIVE POSTURE MASSAGE CHAIR
SOLARA

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NOTE: The pictures in this manual are only for reference. Please refer to the actual product.

INTRODUCTION

Congratulations on your purchase of the Positive Posture Solara massage chair!

As someone who values your well-being, you understand the importance of mental health and relaxation.
Incorporating massage into your self-care routine can significantly contribute to your overall health and happiness.

Enjoy the benefits of:

Stress reduction: Reduce tension and anxiety.
Improved mood: Boost your mood and sense of well-being.
Enhanced sleep: Promote better sleep quality.
Increased focus: Improve mental clarity and concentration.

By taking time for relaxation and self-care, you can achieve a greater sense of balance and fulfillment in your life.

We hope you enjoy your new massage chair and experience its many benefits.

CAUTIONS & WARNINGS

Indications, Symbols, & Descriptions

 **WARNING**	This action could result in serious injury or death
 **CAUTION**	This action could result in personal injury or damage to property
	This action is prohibited
	Further action is required
	Do not disassemble
	Unplug power cord from wall outlet

Important Safety Precautions

- Please follow all basic precautions while using this chair.
- Please read all instructions before using this massage chair. Refer to your Owner's Manual for important information about assembly as well as correct and safe procedures for using the chair.
- The above symbols are used to identify important safety instructions. Please familiarize yourself with these symbols and their meanings.
- Remember to keep this Owner's Manual in an easily accessible place.

General Safety



TO REDUCE THE RISK OF ELECTRIC SHOCK

Always unplug this appliance from the electrical outlet immediately after using and before cleaning.



TO REDUCE RISK OF BURNS, FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children or individuals with disabilities.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if the cord or plug is damaged, if it is not working properly, if it has been dropped or damaged, or if it has been exposed to water. If this happens, contact the service center for examination and repair.
- Do not carry this appliance by the supply cord or use the cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the appliance with air openings blocked. Keep the air openings free of lint, hair, etc.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from the outlet.
- Use heated surfaces carefully. May cause serious burns. Do not use over areas with sensitive skin or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
- Keep children away from extended foot support (or other similar parts).
- Connect the appliance to a properly grounded outlet only. See Grounding Instructions.

CAUTIONS & WARNINGS

Grounding Instructions

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric shock. This product is equipped with an equipment-grounding conductor and a grounded plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER: Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or service person if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This product is for use only on a nominal 120V circuit and has a grounded plug that looks like the plug illustrated in Figure A below. Make sure that the product is connected to an outlet having the same configuration as the plug. An adapter should never be used with this product, such as shown in Figure B below.

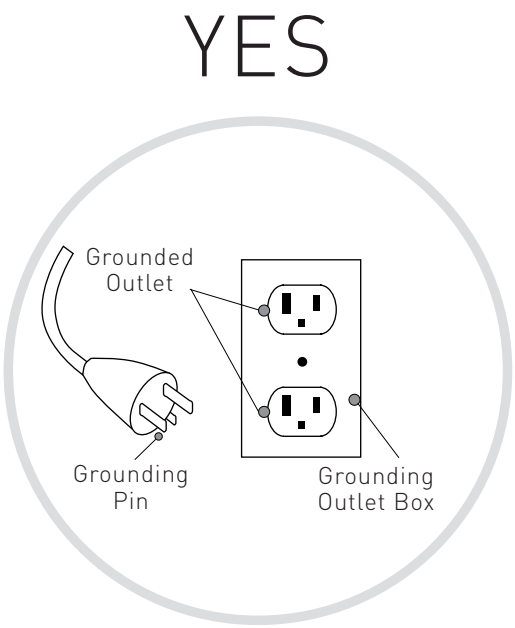


Figure A

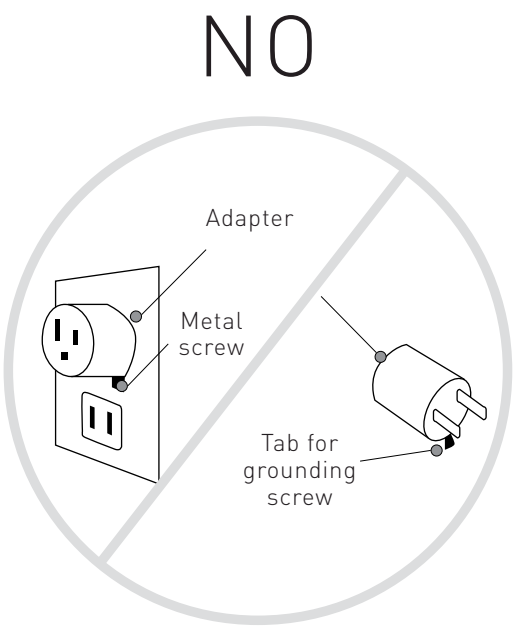


Figure B

Safety During Installation

WARNING



- This product uses a normal Alternating Current (AC) circuit and has a ground pin as displayed in the figure to the right. Always make sure that the chair is connected to an outlet that has the same configuration as the plug, and is fully inserted into the outlet. If the chair should malfunction or break down, the grounding will provide a path of least resistance for electrical current to help reduce the risk of electric shock.
- This chair must be plugged into an appropriate outlet that has been properly installed and grounded in accordance with all local codes and ordinances. We strongly recommend using a high-quality surge protector with your chair. A surge protector offering at least 2,000 joules of surge suppression is required for warranty service.
- Do not use with any type of transformer device.
- Do not use the chair with a power supply other than those shown in the image on page 5 (Model, Power Supply AC120V).
- Make sure the main switch is in the OFF position before inserting the plug into the outlet.
- Any modification of the plug provided is prohibited and can cause serious injury. If the plug does not fit into an outlet, contact a qualified electrician for proper installation.
- Failure to connect the grounding conductor of the chair can result in the risk of electrical shock. If you feel the product is not properly grounded, please contact a qualified electrician.
- Please unplug this chair from the electrical outlet after use and before any cleaning or maintenance. To do so, ensure the main power switch is in the OFF position, then unplug the chair from the outlet.

CAUTION



- This product is intended for use described in this Owner's Manual. Do not use any attachments that are not recommended by the manufacturer.
- Do not use this appliance if the cord or plug is damaged, if it is not working properly, if it has been dropped or damaged, or if it comes into contact with water. In case of any of these scenarios, please contact Positive Posture Service immediately.
- Make sure all air openings are free of lint, hair, or other debris. Do not operate this appliance with the air openings blocked.
- Never use this appliance where aerosol spray products are used or oxygen is being administered.
- Excessive heating of this product can occur and cause fire, electric shock, or serious injury. Do not operate under a blanket, pillow, or heated surface.
- Do not try to move or carry this appliance by pulling or holding onto the power cord.
- Keep power cord away from all heated surfaces.

CAUTIONS & WARNINGS

Safety During Installation



TO AVOID ACCIDENT AND INJURY

- Install the chair on a flat and level surface.
- Allow at least 1" (1.5 cm) clearance from the chair's back to a wall to allow sufficient space for reclining up and down.
- Do not drop or slam the foot rest.
- This appliance is not recommended for children under the age of 14. Please keep children away while in use or storage.

TO AVOID DAMAGE

- Do not use outdoors.
- Stoves, heating products, direct sunlight, or other high temperature areas can cause fading, discoloration, or hardening of the upholstery. Please keep your chair away from this type of exposure.

Safety Before Use



PEOPLE NOT SUITABLE TO USE THE CHAIR

- People with circulatory problems (such as varicose veins or thrombosis), children, and those advised not to use a massage chair by their doctor should not use this chair.
- If you have any of the following health conditions, please consult your doctor for medical advice before using this chair: serious heart problems, serious diabetes, serious osteoporosis, serious skin conditions, malignant tumor(s), sensory impairment, pregnancy (or suspected pregnancy) or those who have just given birth, acute gastrointestinal complaints (gastritis, hepatitis, enteritis), joint dysfunction such as rheumatism, hammer toe and gout, thecitis (or suspected thecitis), high fever, spinal abnormalities due to past injury or ailment, curvature of the spine (scoliosis acute neck sprain (whip lash), or any other medical condition that may contraindicate usage of this product.
- Seek medical advice before using this chair if you have a pacemaker or other electronic medical device, if you have been restricted to bed rest, or if you are planning to use this chair to treat a specific ailment, to recover from surgery, or for therapy.
- Elderly people and those with weak bones should seek medical advice before using this chair even if they do not have a specific disease or disorder mentioned above.
- Do not use this chair if you have recently consumed alcohol.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Safety Before Use, continued...

WARNING

TO AVOID ACCIDENT, INJURY, AND DAMAGE

- Children should be supervised to ensure that they do not play with the appliance.
- The appliance has a heated surface. Persons sensitive to heat must be careful when using the appliance.
- Do not use this chair for any other reason than described in this manual.
- Do not use this chair with any other therapeutic device or accessory besides those included.
- This chair is intended to be used with all the fabric attached. Failure to do so can result in serious injury.
- Check for any holes or tearing in the active massage area of the chair before each use. If a tear is noticed, stop using immediately and contact Positive Posture Service.
- Check the position of the roller mechanism prior to sitting down. If the rollers are not in the storage position, turn the power on and check that the chair is operating properly. For the proper storage position, see page 15.
- Do not move the chair while someone is in it.
- Do not stand on this chair.
- Do not sit on any part of the chair other than the seat.
- Do not sit, stand, or lean on the foot rest unless you are sitting in or getting up from the chair.

Safety During Use

CAUTION

TO AVOID ACCIDENT AND INJURY

- Do not wrap the power cord around your body or place the chair on top of the cord.
- Do not scratch, tear, twist, stretch, or bend the power cord.
- Spilling water or other liquids on this chair may result in electric shock, short circuit, or combustion.
- Keep all children and pets off the chair and away from the surrounding moving area.
- Keep all persons away from the reclining back rest and extending foot rest to avoid injury.
- Do not use the chair while more than one person is sitting in it, or when holding a baby or small child.
- Do not use the chair if any part of your body, including your hands, is wet.
- Do not use the chair unclothed.
- Do not use this chair for any purpose other than its intended uses outlined in this manual.

CAUTIONS & WARNINGS

Safety During Use, continued...



TO AVOID ACCIDENT AND INJURY

- Do not use the chair to massage the head, chest, stomach, and/or joints including knees and elbows.
- Do not place your hands or feet into the roller tracks, or into any moving parts, such as the reclining mechanism.
- Remove all hard objects, such hair accessories or jewelry, before using.
- Do not use the leg rest for anything other than legs or feet.
- Do not operate this massage chair without someone in it.
- Do not put your hands or head between or beneath the leg rest.
- Do not sleep in the chair.
- Never unplug the power cord during operation.
- Upon initial use of this chair, start off with a lighter massage. Starting off with a deep massage may result in injury. Elderly and people with weak bones should be careful while selecting massage intensity.
- If you notice any abnormal condition or in case of an emergency, push the Pause button on the remote to stop operation immediately.
- Immediately discontinue use of the chair and seek medical advice if you notice any acute pain or unusual physical discomfort.
- If the massage feels too strong, reduce the stimulation according to this manual. If it still feels too strong, discontinue use immediately.
- Do not use this chair with the back pad removed.



TO AVOID DAMAGE

- Do not use this chair if there is a power outage or the possibility of one. In this case, stop using the chair immediately, turn the power switch off, and unplug the cord from the wall outlet.
- Do not use this chair if there is a threat of lightning. If so, stop operation immediately, turn the main power switch off, and unplug the chair from the wall outlet.
- If a specific operation does not start or you find any incidence of abnormality, stop using the chair, turn off the main power switch, and unplug the cord from the wall outlet. Call Positive Posture immediately.

Safety During Use, continued...



TO AVOID DAMAGE

- Do not use this chair for any longer than 30 minutes each day. Avoid using a specific focused area massage for more than 5 minutes at a time. Long and continuous massage in the same position may cause discomfort or bodily harm.
- Do not attempt to force your leg, foot, arms, or hands back into the leg rest/arm rest if it comes out. Undue force may result in damage to the chair.

OTHER SAFETY PRECAUTIONS

- Do not cause any major impacts to the chair.
- Do not sit on any part of the chair other than the seat.

Safety After Use and When Not in Use



TO AVOID ACCIDENT, INJURY, AND DAMAGE

- Do not plug or unplug the chair with wet hands.
- Do not use any other power cord except the one supplied.
- Grasp the power plug when unplugging the cord from an outlet. Do not use the power cord to pull.
- Turn the main power switch off and unplug the power cord from the wall outlet after each use.
- Always recline the seat back to the upright position after using.
- Wipe down the chair after each use.
- Always store the chair in a low humidity environment.
- Do not place any objects on the chair.
- In case of malfunction, do not attempt to repair. Contact Positive Posture Service.
- Do not modify any part of the chair.
- Be sure to include this Owner's Manual when transferring this chair to another party.
- Do not dispose of this product or its accessories without consulting with your local authorities beforehand.

MAIN FEATURES

SL-Track

The SL-Track traces the natural curves of the human body, allowing the Positive Posture Solara to effectively massage your neck, back, glutes, and upper hamstrings.

Solara Massage Engine

The Solara massage engine glides along the body-conforming SL-Track, providing a sturdy but relaxing massage to core muscle groups from the neck to the hamstrings.

Full Body Air Massage

The therapeutic air massage targets your shoulders, arms, hands, calves, and feet, providing gentle compression and positioning your body to maximize the massage provided by the Solara Massage Engine.

Heated Massage

Deep, relaxing heat therapy warms your back and calves, promoting blood flow and providing soothing relief where you need it most.

Bi-Directional Dual Speed Foot Rollers

Soothe aching feet with mechanical foot rollers that rotate in two directions to target pressure points from multiple angles. Choose between two speed settings to customize the intensity of your foot massage.

True Zero Gravity® Recline

Improve blood circulation, breathe easier and deeper, and alleviate pressure on the joints and spine in the True Zero Gravity position.

Adjustable Air Massage Intensity

Three levels of air massage intensity allow for compression that ranges from gently soothing to therapeutic.

Bluetooth Speakers

Relax to your own soundtrack with built-in Bluetooth® speakers.

Wall-Hugging Design

Save space in your home with Solara's wall-hugging design, requiring only 0.6 inches (1.5cm) of space between the chair back and wall.

Adjustable Headrest Pillow

The adjustable headrest pillow makes it easy to relax in the Solara, regardless of your height.

Removable Seat Pad

Turn your Solara into a comfortable zero-gravity recliner with a removable seat pad.

Wireless Phone Charger

"Unplug" in more ways than one. Solara's wireless phone charger makes it easy to stay as (dis)connected as you want during your massage.

USB Charging Port

Recharge your device while you recharge your mind and body, with Solara's USB charging port.

Simple Touch Integrated Controller

Starting a massage shouldn't be like programming a computer. Solara's Simple Touch Integrated Controller makes it easy to find and start your perfect massage.

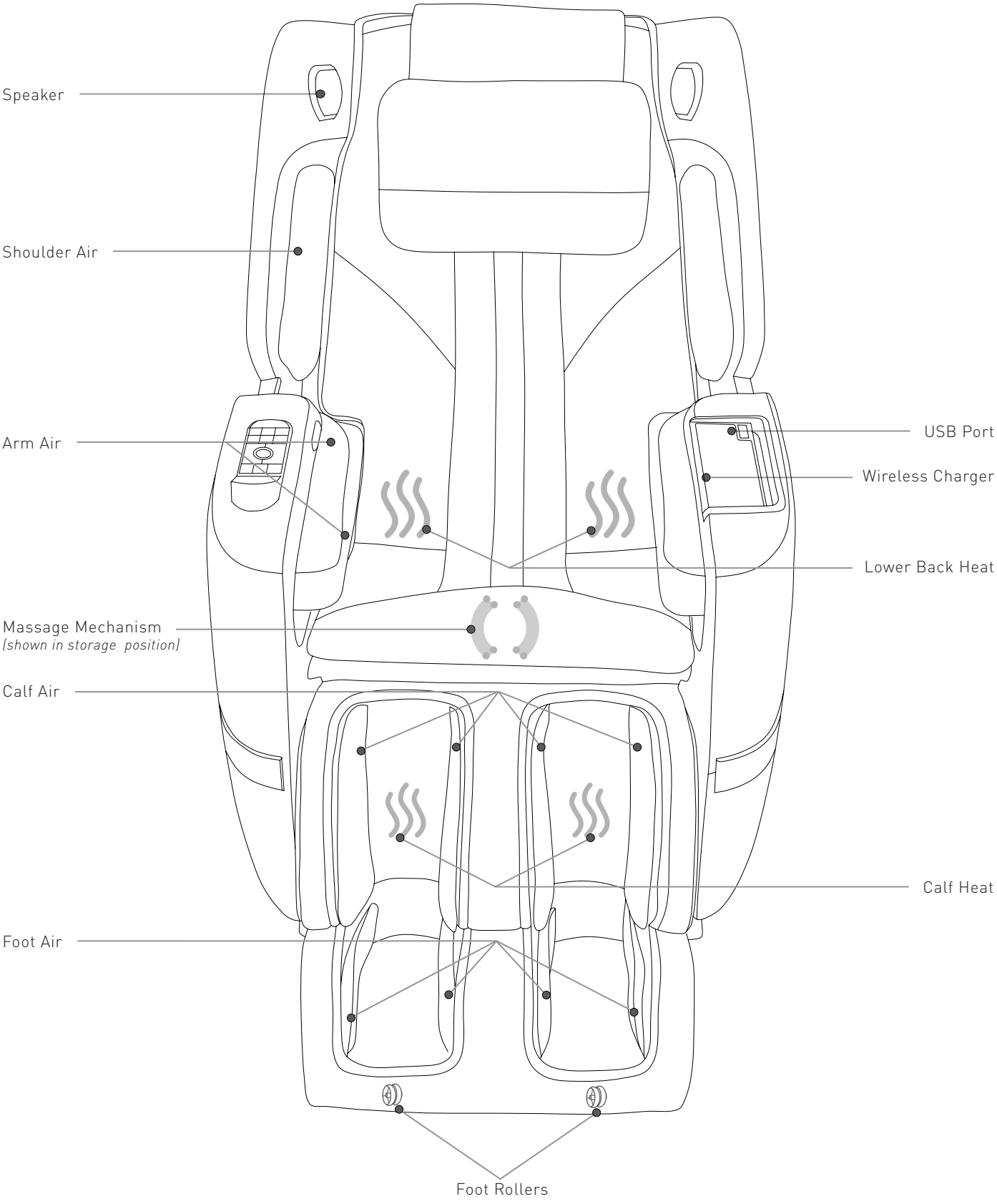
Accent Lighting

Accent lighting on Solara's arms casts a warm, relaxing hue as you enjoy your massage.

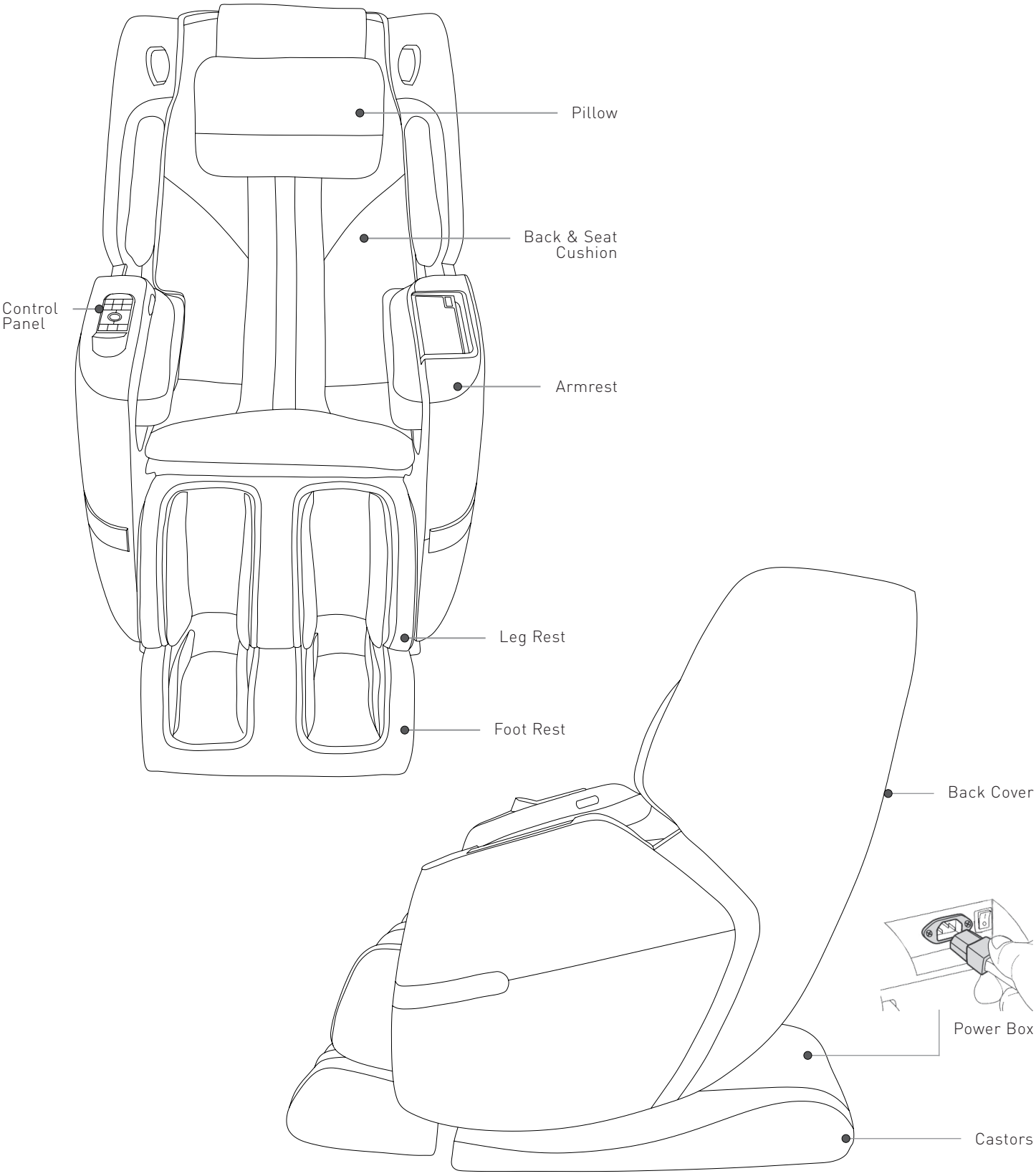
Design-Forward Style

Solara looks as good as it feels, with an attractive design featuring a fabric-upholstered exterior and textured synthetic leather interior.

PARTS & FUNCTIONS



PARTS & FUNCTIONS



Safety During Installation



TO AVOID DAMAGE

- Do not install the chair in an area of high humidity, such as a bathroom or sauna.
- Do not use the chair in an excessively humid or dusty environment as this may result in malfunction or electric shock.
- Do not use the chair in a room with a temperature of 104-degrees or higher.
- Do not expose the chair to heaters, stoves, or direct sunlight.
- Keep fire sources, such as cigarettes and ashtrays, away from the chair.
- Ensure chair is installed on a flat and level surface to avoid tipping over.
- As the chair is heavy, please exercise extra care not to damage the floor when positioning the chair.

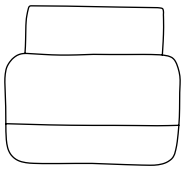
Assembly Preparation

- Ensure there is an allowance of at least 1" (1.5 cm) behind, and 20" (51 cm) in front of the chair to allow the back rest to recline and the leg rest to extend without obstruction during operation.
- Maintain a minimum distance of 3' (92 cm) from AV devices, such as a TV or radio, to prevent signal interference.
- It is recommended that a carpet be placed under the chair to prevent scratching the floor and to reduce noise during operation.
- As the chair is heavy, please exercise extra caution.

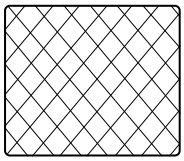
ASSEMBLY

Assembling the Chair

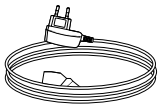
Important: Before starting, check the supplied items to ensure all parts are included in the package.



Head Pillow
pre-installed



Seat Pad



Power Cord

STEP 1

Unbox chair and place in designated area.

STEP 2

Place seat pad in chair and attach pillow.

STEP 3

Power and incline the chair.

A) Plug the power cord into the back base of the chair (Figure 3A), and

B) Turn on the main power switch. The chair will automatically incline (Figure 3B).

Figure 3A

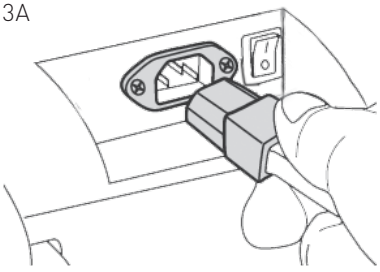
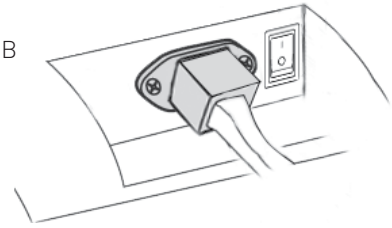


Figure 3B



CAUTION

TO AVOID DAMAGE

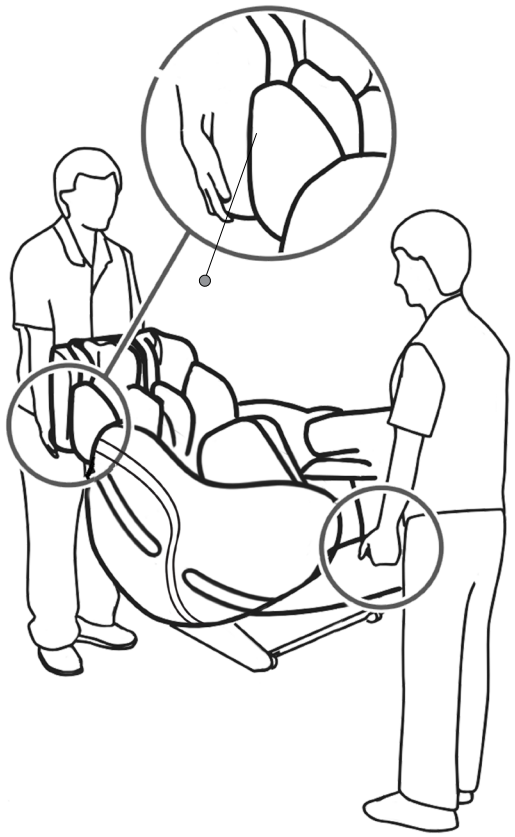
- Never move the chair while it is operating or when someone is in it.
- As the chair is heavy, please exercise extra care not to abruptly drop it. This may cause damage to the floor as well as the internal components of the chair.

Before moving the chair, turn off the main power and disconnect the power plug from the wall outlet.
Bind the cables and put them in the seat to avoid damage when moving the chair.

OPTION 1

Have one person carefully lift the foot rest end, while a second person lifts from the armrest at the shoulder area.
Carry to desired location.

Hold the foot rest



OPTION 2

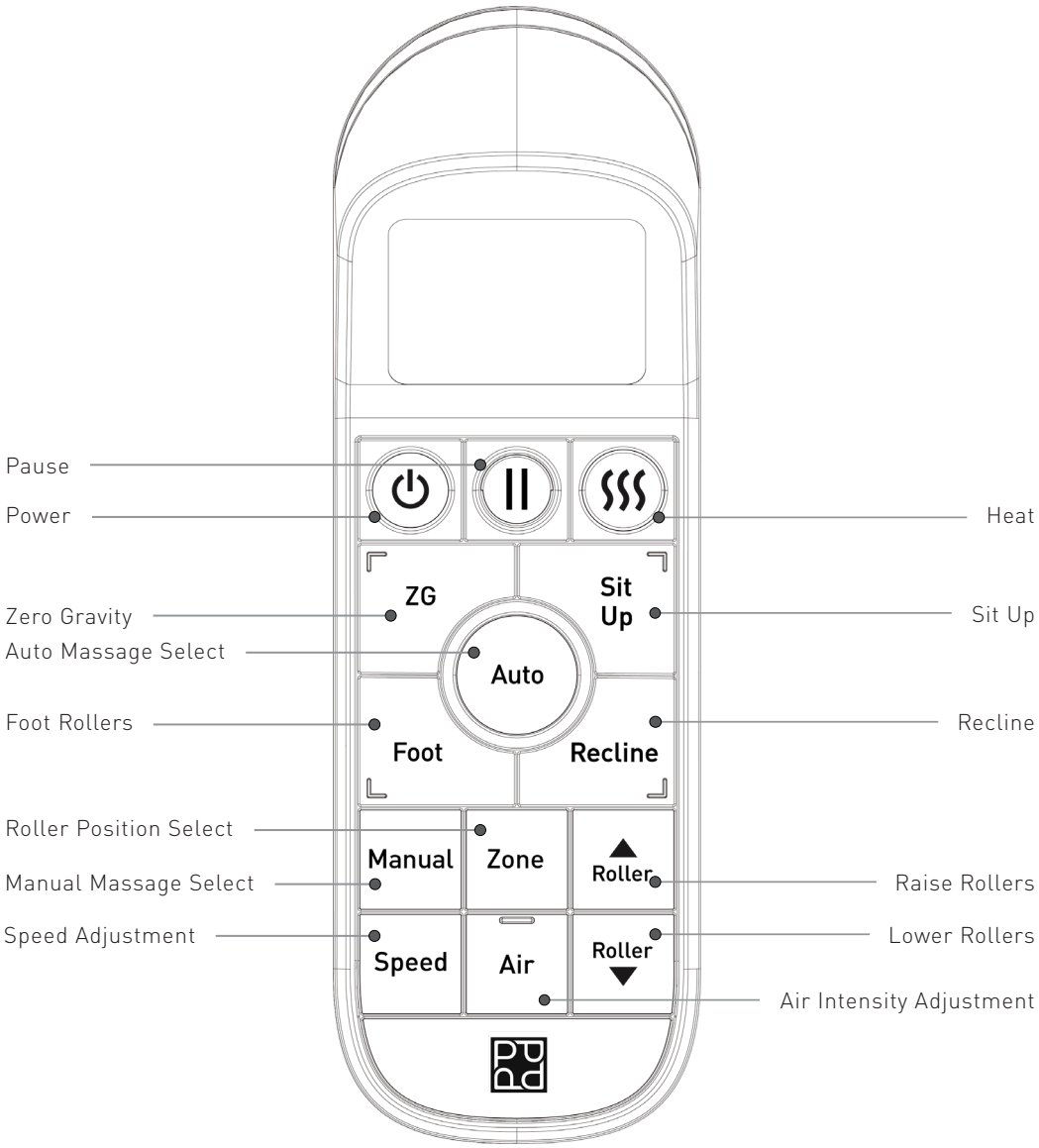
Using two hands, grab the footrest and gently lift up until the chair is tilted back and resting on the casters located at the opposite end of the base. While the chair is lifted and resting on the casters, roll the chair into the newly desired position.

REMOTE FUNCTIONS

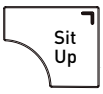
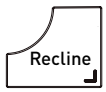
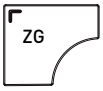
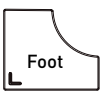
CAUTION

TO AVOID DAMAGE

- Do not sit, step, or place heavy objects on the remote control.
- Do not exert excessive force on the remote control.
- Do not operate the remote control using sharp edged or hard objects.



REMOTE FUNCTIONS

	• Press to turn the remote control power on. When the power is off, the remote screen is blank, and the power button is not illuminated. When the power is ON, the remote screen shows data and the Power button will glow white. • Press to turn the remote control power off. Doing this while the chair is activated causes the rollers to return to their storage positions, after which the chair turns itself off.
	• Press when you want to pause a massage (i.e. temporarily cease all movement of the massage mechanism and air cells). During a pause, the button will glow red. When ready to resume, press the pause button again.
	• Press to turn heat on and off. When the heat is on, the button will glow red.
	• Press to activate an Auto program. Press a second time to activate a different Auto program. Continue pressing to rotate through all Auto program options.
	• Press & hold to adjust the reclining angle of the chair into a more upright position. Release pressure on this button once the desired angle is reached.
	• Press & hold to adjust the reclining angle of the chair into a further reclined position. Release pressure on this button once the desired angle is reached.
	• Press to adjust the reclining angle of the chair into a perfect zero gravity position. • Press a second time to return the chair to a full upright position.
	• Press to manually turn on and off the foot rollers, and to adjust the speed at which they are massaging. • During an Auto program, foot rollers are automatically turned on. To adjust the speed to be faster, press this button once. To turn the foot rollers off, press this button a second time. To reactivate the foot rollers press the button a third time.

REMOTE FUNCTIONS

Manual	• Press to activate a Manual massage method. Press a second time to activate a different massage method. Continue pressing to rotate through all Manual massage methods.
Zone	• During a Manual massage, press to change the zone, or the portion of the body where the massage mechanism focuses. Press multiple times to adjust between the three zone options; upper back, lower back, full back.
Speed	• During a Manual massage, press to change the speed, or pace at which the movements of the massage mechanism, occur. Press multiple times to adjust between the three speed options; slow, medium, and fast.
Air	• To enjoy Air massage on its own, immediately after powering on, press this button to activate the inflation of the air cells. Press multiple times to adjust between the three intensity levels; low, medium, and high. • During an Auto massage, press to change the intensity of the air massage. Press multiple times to adjust between the three intensity levels; low, medium, and high. Pressing the air button for the first time turns the intensity to medium. Press it again to switch to high, a third time to turn it off, and a fourth time to set it to low. You can continue pressing the button to cycle through this pattern again. *Note: Air intensity adjustment during an Auto massage is only available on units produced after August 2025. Chairs manufactured prior to this date do not have this functionality. Manufactured date can be identified in the serial number. The 10th and 11th digit indicate year of production, the 12th and 13th digit indicate the month.*
▲ Roller Roller ▼	• During a manual massage, you can activate the Point Massage function. This means the massage rollers will concentrate on a single, specific area. To do this, simply press and quickly release either the Roller Up or Roller Down button. • Once Point Massage is active, you can adjust the roller's position by pressing and holding either the Roller Up or Roller Down button. Release the button when rollers reach the exact spot you want massaged.

Programmed Sessions

Choose from eight programmed massage sessions. Each sessions lasts approximately 15 minutes.

Full Body

A comprehensive massage that addresses tension and discomfort throughout the entire body. It is designed to promote relaxation, improve circulation, and leave you feeling rejuvenated in both your body and your mind.

Relax

Full body session recommended for use just before bed to clear the mind and meditate, relaxing you and quieting your body for sleep or meditation.

Energize

Energize is a revitalizing massage designed to boost circulation, alleviate tension, and leave you feeling refreshed and rejuvenated. It combines invigorating techniques to increase energy flow and promote a sense of well-being.

Refresh

Refresh is a soothing full body massage program designed to ease tension and promote relaxation, leaving you feeling calm and rejuvenated.

Low Back

Low Back is a targeted massage focused on relieving tension and discomfort in the lower back region. It incorporates techniques that address muscle knots and improve flexibility to soothe and loosen the muscles around the lower back and hip areas.

Unwind

Unwind is a relaxing massage designed to ease tension and promote a sense of calm and tranquility. It incorporates gentle, flowing strokes to help you unwind and release stress.

Neck & Shoulder

Focused kneading massage around the neck and shoulders designed to help loosen the muscles of the upper back and improve range of motion.

Hips & Glutes

Hips & Glutes is a relaxing massage that focuses on releasing tension and improving movement in your hips and glutes. Gentle techniques help ease tightness and discomfort, leaving you feeling more flexible and relaxed.

Manual Sessions

This chair has 6 manual massage methods from which you can choose: Knead, Reverse Knead, Pulse, Tap, Knead & Tap, and Roll.

Manual Air Sessions

This chair has a relaxing Full Body Air that massages your feet, calves, shoulders, arms and hands. Easily combine with other manual massage methods.

OPERATION & USE



TO AVOID INJURY

Always check your surroundings before beginning a massage to ensure that no people, pets, or objects will be hit or squeezed by the reclining back or leg rest.

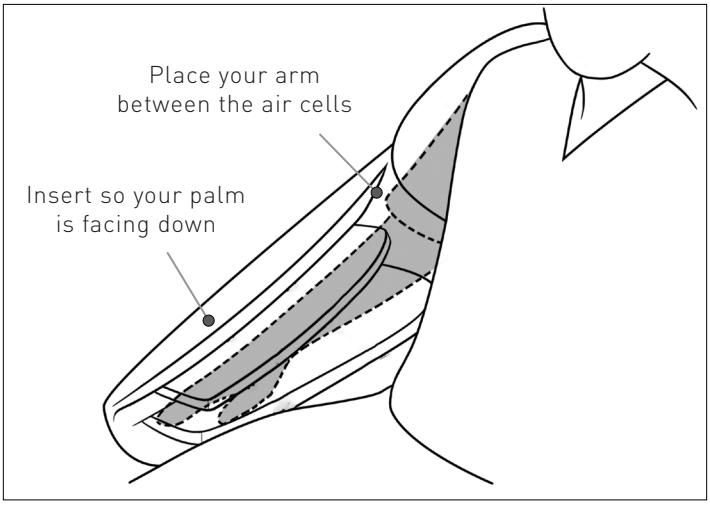


TO AVOID DAMAGE AND INJURY

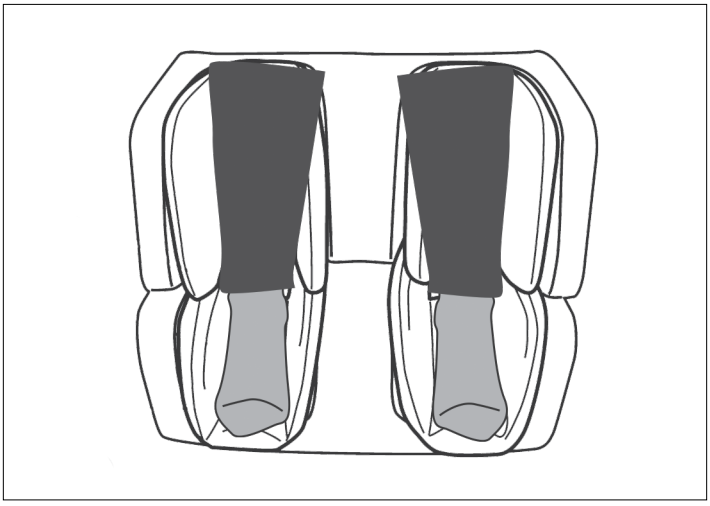
- This massage chair is meant to be used for indoor household use only. The chair is not designed for commercial purposes.
- If you use the chair in a cold room, do not increase the temperature abruptly. Instead, increase the temperature gradually to a normal level.
- If the chair is stored in a cold place and is moved into a warm environment, wait one hour before use. Otherwise, performance may suffer, or the chair may malfunction due to condensation on the mechanism.
- Do not sit on the chair with the leg rest raised. Sudden heavy weight on the leg rest could cause damage to the mechanism, or it may result in accident or injury.
- Ensure the back rest returns to the upright position before sitting.
- Do not use the arm or shoulder unit for any area other than your arms and shoulders.
- If your arm comes out of the arm or shoulder unit or your leg/foot come out of the foot rest during a massage, do not try to force it back in.
- Do not massage your elbows.
- Do not put anything other than legs and feet in or on the foot rest.

Positioning Yourself in the Chair

- When the chair is off, the rollers are stored under the seat. This is known as the storage position. If the rollers are not in the storage position, simply reset by pressing the Power button on the remote control before sitting on the chair.
- Sit back fully in the chair so your entire back is against the back rest and your head is leaning into the pillow.
- Adjust the head rest so it sits just above your shoulders and at the base of your neck.



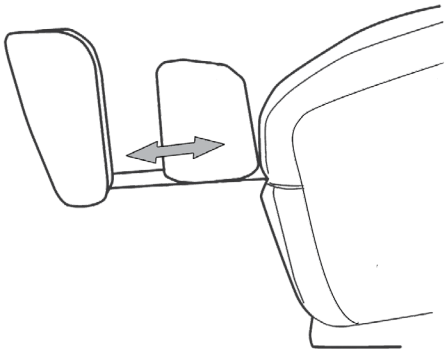
Place your arms in the arm unit, palms down.



Place your feet in the leg rest.

NOTE: When the leg rest raises, press out with your feet and the leg rest will adjust to the appropriate length (see below).





OPERATION & USE

CAUTION

TO AVOID INJURY

- If you feel the massage is too strong, reduce the stimulation by bringing the chair further upright. If the massage remains too strong, stop operation immediately.
- Do not place hands or feet into the roller tracks, into the space between the seat and back, or into the moving parts.
- Do not sit wearing hard objects, such as hair accessories or jewelry.
- Keep massage sessions to no more than 30 minutes in length. Do not exceed 5 minutes for an area-specific massage for any part of the body.

Powering On

- Press the Power button to turn the remote control power ON. When the power is ON, the remote screen shows the brand logo and the Power button will glow white.

Powering Off

- Press the Power button to turn the remote control power OFF. When the power is OFF the remote screen is black/blank, and the Power button will no longer be illuminated.
- If the chair has been in a reclined position it will automatically restore to the upright position when powered off.

NOTE: The remote power will automatically turn off after approximately 15 minutes of inactivity.
NOTE: The Power button on the remote is not the Main Power switch. See page 13 for Main Power.

Starting a Massage

- Ensure remote power is ON. The Power button will glow white.
- Upon activation, the remote screen will display the name of the massage selected. The timer in the lower right corner indicates estimated massage duration.
- Choreographed massages that automatically combine the massage mechanism, air massage, and other features, can be selected by pressing the Auto button on the remote. Press a second time to select a different Auto program. Continue pressing to rotate through all Auto program options.
- Manual menu options that activate a specific back mechanism function can be selected by pressing the Manual button on the remote. Press a second time to select a different Manual method. Continue pressing to rotate through all Manual options.
- The Air button, pressed immediately after powering on, will activate only the air cells. Pressed again, it will adjust the intensity setting. If pressed while an Auto program is running, it will change the intensity setting of the air massage that is part of the Auto program.

Massage Mechanism Speed Adjustment

Feature available with all Manual massages (excluding Roll).

- Speed, or the pace at which the massaging movements of the massage mechanism occur, can be adjusted between slow, medium, and fast by pressing the speed button.

Coverage Adjustment

Feature available on all Manual massages.

- Coverage, or the area of the body that is massaged, can be adjusted between Upper Back (massages neck to low back), Lower Back (massages lower back to glutes), and Full Back (massages neck to glutes) by pressing Zone button. Note the default setting for Coverage is Full Back.

- To activate Point Massage, quickly press and release the Roller Up or Roller Down button. The massage mechanism will stop moving up and down and instead focus on one spot. To adjust the location of the point massage, press and hold either the Roller Up or Roller Down button, releasing when the rollers have reached the desired position.

Foot Roller Use & Adjustment

During Auto Massages...

- All Auto programs will activate the Foot Roller function intermittently throughout the massage session. If you wish to cease this movement during the selected session, you can do so by pressing the Foot button twice, the first press will adjust the rollers to high, the second press will turn them off. If you wish to reactive the movement, press the Foot button again. The default setting for foot rollers is slow.

As a Manual Massage...

- Foot Rollers can be activated as a manual massage by pressing the Foot button.

Chair Angle Adjustment

- During Auto massages, the chair will automatically recline to the suggested position for the massage. If a different reclining angle is desired you can adjust by pressing and holding the Sit Up or Recline button until the desired position is reached.

Removable Seat Pad

- The chair comes with a removable seat pad. The seat pad should be placed on the seat of the chair if the user finds the massage too intense, and/or when the chair is not being used for massage.

Remote Sound

- With each remote button press, you will hear a soft beep. This is a normal noise and cannot be muted.

OPERATION & USE

Heat

- The chair is equipped with heat in the low back and leg. Heat can be enjoyed on its own, or during any massage session.
- To turn heat on, press the Heat button on the remote. When heat is on, the button will illuminate red.
- To turn heat off, press the Heat button a second time. When heat is off, the button will not be illuminated.

Wireless & USB Charging

- Your chair is equipped with a convenient wireless phone charger and a USB charging port located on the left side armrest. These allow you to easily charge your compatible devices without the hassle of cables.
- To use the wireless charger, carefully place your compatible smartphone directly onto the center of the wireless charging pad. Your phone should begin charging automatically. Look for the charging indicator on your phone's screen to confirm that charging has started.
- To use the USB charging port, simply lift the rubber flap that covers the USB port and plug in a compatible cord. Look for the charging indicator on your phone's screen to confirm that charging has started.

NOTE: Charging requires the chair's main power to be on. Make sure the chair is plugged in, and the Main Power Switch is in the ON position.

Accent Lighting (Exterior Armrests)

- Your chair features integrated accent lighting located on the exterior of the armrests. This subtle illumination enhances visibility and adds a touch of modern elegance.
- It is designed for seamless operation and requires no manual control. The default setting is directly linked to the chair's remote power system. When the chair's remote power is activated (i.e., the chair is on and responsive to the remote control), the accent lighting on the armrests will automatically illuminate. When the chair's remote power is turned off (i.e., the chair is off and unresponsive to the remote control), the accent lighting will automatically switch off.
- If you wish for the light to remain off, even when the remote power is on, press and hold the Speed button for 5 seconds. To revert to lights on, press and hold the Speed button for 5 seconds again. In both cases, you will get a confirmation screen that says Lights On or Lights Off.

Sound & Connecting to Bluetooth

- To use the speakers in the massage chair, connect a smart device to the chair's Bluetooth by doing the following:
  1) Ensure the Main Power is ON
  2) From the settings menu of your smart device, select to connect to the Bluetooth connection titled SOLARA
  3) Your Bluetooth device will indicate once the connection is established

NOTE: To connect a new device, the currently connected device must first be forgotten which can be done through the settings menu of your smart device.

- Once a smart device is connected, use your smart device to select, play, pause audio and adjust the volume of sound.

Pausing a Massage

- To pause a massage, press the Pause button. Upon doing this the massage mechanism will immediately cease all movement, and air cells that are inflated will release. The chair angle will remain in the exact position it was when the button was pressed, and the Pause button will illuminate red.
- To resume the massage, press the Pause button again. Upon doing this the Pause button will no longer be illuminated, and the massage will resume from where it was stopped.

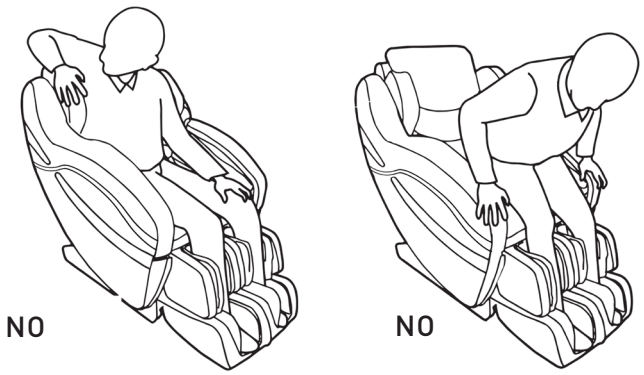
Ending a Massage

- To end a massage in the middle of an active session, press the Power button. This action will end the session by powering off the chair. The massage mechanism will slowly move to its storage position (in seat of the chair) and, if the chair has been in a reclined position, it will automatically incline to the upright position.

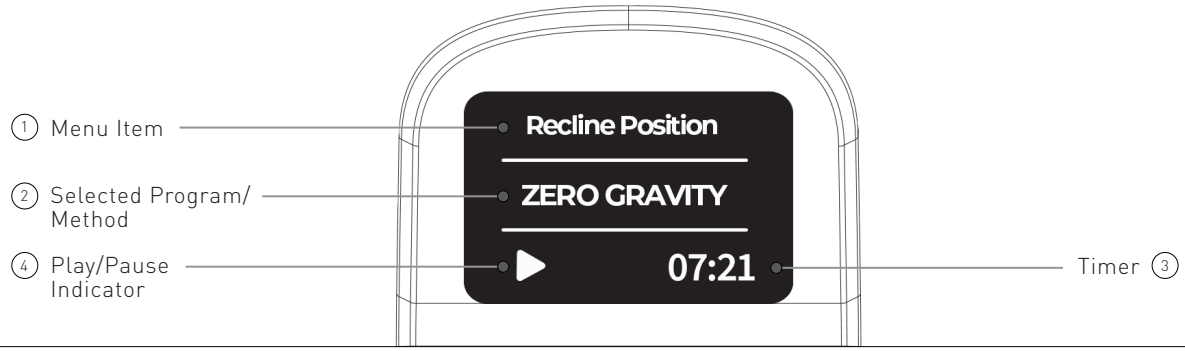
NOTE: Massages will automatically stop after approximately 15 minutes of activity. The chair will remain reclined.

NOTE: Never get out of the chair without first returning it to its full upright position.

NOTE: Never press on shoulder, or stand on foot rest to get out of chair.



Reading the Remote Home Screen



1. The selection type, or portion of the currently active menu, appear here.
2. The selected program(s)/method names appear here.
3. When a program begins, the remaining length of the program will appear here.
4. When this icon is a triangle, a massage is active. When this icon is a pause symbol (two vertical lines), the massage is paused.

CARE & STORAGE

Storage

- After every use, turn off the main power switch located on the back of the chair and unplug the power cord from the wall outlet.
- When not in use, the chair should always be stored in its full upright position (back rest fully inclined, foot rest to its lowest position).
- The chair should be stored in a place of low humidity.
- Do not store the chair in direct sunlight or in places of high temperature. This may cause the color of the upholstery to fade.

Cleaning & Care



TO AVOID INJURY

- Before cleaning, always unplug the power cord from the wall outlet.
- Never clean the chair or remote with wet hands.



TO AVOID DAMAGE

- Before cleaning, always unplug the power cord from the wall outlet.
- Never clean the chair or remote with wet hands.

- Use a soft, dry cloth to wipe dust off of the remote control and the polyurethane surfaces located on the inside of the chair.
- Regularly use a lint roller to remove dust and debris from the felt surface. For spot cleaning, use a damp cloth with a mild detergent solution, gently wiping the surface, and then let it air dry; always test the cleaning solution on an inconspicuous area first, and avoid using harsh chemicals or excessive scrubbing as it can damage the felt fibers.

Tips

- Opt for a small amount of gentle dish soap or a specialized wool wash detergent mixed with warm water.
- Do not soak the cloth, just dampen it to avoid excessive water exposure.
- Wipe the felt surface with light, circular motions. Do not aggressively scrub as this can damage the felt fibers.
- Allow the cleaned area to air dry completely.

Troubleshooting Guide

If you encounter problems with the operation of your massage chair, please check the following points to see if they can be easily rectified. If the chair still malfunctions or does not work, please turn off the main power switch and remove the power plug from the wall outlet.

Contact Positive Posture for service. Do not dismantle or attempt to repair the chair yourself. Doing so will void the warranty.

Problem: My chair doesn't work after powering on.

Possible Cause & Solution:

- Ensure the chair is securely plugged into the wall outlet.
- Ensure the main power switch on the back of the chair is switched to the ON position.
- Ensure the power cord is fully installed.
- Ensure the remote power is on by pressing the Power button on the remote.
- Ensure a massage session has been selected by pressing any programmed or manual massage button on the remote.
- Other issues may include the wires or plug being damaged, the fuse having burned out, or an issue with the inner circuit. Call Positive Posture for service.

Problem: My chair is very noisy.

Possible Cause & Solution:

- There are many sounds made by the massage chair that are normal. This includes noise during tapping, the sound of the rollers rubbing against the seat covering while kneading, the sound of the rollers moving up and down the track, and the sound of the air pump and the air bags inflating and deflating. If you hear sounds other than this, or the sounds suddenly become different/louder, please call Positive Posture for service.

Problem: The rollers suddenly stopped in the middle of a session.

Possible Cause & Solution:

- The chair may have lost power. Turn off the main power switch, unplug from the wall, then reinsert the power cord into the wall outlet and turn on the main power switch.
- Ensure the massage session didn't complete its cycle by using the remote to select a new massage session.
- Sometimes when there is too much pressure on the rollers, they can stop moving temporarily. To test this, slightly lift your body or slightly raise the reclining seat back.

TROUBLESHOOTING

Troubleshooting Guide, continued...

Problem: The back rest or leg rest will not go down entirely.

Possible Cause & Solution:

- Ensure there are not any objects blocking its path.

Problem: The power cord or plug is abnormally hot.

Possible Cause & Solution:

- Stop using the chair immediately. Turn off the main power switch and remove the power plug from the wall outlet. Call Positive Posture for service.

Problem: The pillow is too high/too low.

Possible Cause & Solution:

- Simply push up or pull down on the pillow to change its position.

Q: Can I put the chair on a wood floor?

A: Yes. However, because the chair could damage the floor surface we recommend laying a carpet or something similar under the chair.

Q: I spilled water on the chair. What should I do?

A: There is danger of electric shock. Stop using the chair immediately and do the following:

- Turn off the main power switch on the back left of the chair.
- Unplug the power from the wall outlet.
- Contact Positive Posture for assistance.

Q: How do I make the massage stronger?

A: Try any of the following things:

- Sit back further in the chair so that your weight is against the reclining seat back.
- Lower the reclining seat back.

Q: How do I make the massage softer?

A: Try any of the following things:

- Raise the reclining seat back.
- Place the removable seat pad on the seat or behind the users back, whichever is preferred.

Warranty

We're confident that your new massage chair will provide you with many years of relaxation and trouble-free performance. Your Positive Posture massage chair comes with a 3-year limited warranty. Our limited warranty includes on-site service covering all parts and labor in most locations in the United States and Canada for 1 year. The frame and non-moving parts are covered for 3 years. Some restrictions apply. See www.PositivePosture.com for full warranty details. We recommend that you print the limited warranty information at the time of purchase and keep it with your Owner's Manual.

Service & Repairs

Before calling for repairs or service, please consult the Troubleshooting Guide on page 28. If the problem persists, contact Positive Posture for assistance. For fastest service, please have the following information ready:

- Your name, email, address & telephone number
- Model Number (see the specification field on the front cover of this Owner's Manual or review the sticker affixed to the back base of your chair)
- Serial Number (see the sticker affixed to the back base of your chair)
- Copy of original receipt and purchase date
- Malfunction or issue with as much detail as possible

SPECIFICATIONS

Model Name	Solara
Model Number	PP1915
Power Supply	AC120V | 60Hz
Power Consumption	120W
Rated Time	15 minutes
Back Stroke Range	44" (112 cm)
Preset Sessions	8 sessions + Full Body Air
Manual Sessions	6 sessions + Foot Rollers
Program Timer	Approximately 15 minutes
Foot Rest Adjustment Range	Approximately 7" (17.75 cm)
Reclining Angle	Approximately 113° to 149° against flat floor
Chair Dimensions	Upright: 48.5" (123.5 cm) L x 28.5" (72.5 cm) W x 45" (114 cm) H Reclined: 59" (150 cm) L x 28.5" (72.5 cm) W x 38" (96 cm) H
Seat Width	19" (48.25 cm)
Seat Depth	16" (41 cm)
Chair Weight	162 lbs (73.4 kg)
Cover Materials	Exterior: Synthetic Felt (100% Polyester) | Interior: Polyurethane
Supplied Items	Power cord, seat pad
Shipping Dimensions	50.6" (128.5 cm) x 30.3" (77 cm) x 45.9" (116.5 cm)
Shipping Weight	207.5 lbs (94.1 kg)
Recommended User Weight	220 lbs (100 kg) (maximum)
Recommended User Height	5' 0" (153 cm) to 6' (182 cm)

SOLARA

by POSITIVE POSTURE®

Your massage chair was meticulously designed to conform to your specific comfort and relaxation needs. If you have questions about the operation of your massage chair, contact information for a Positive Posture chair expert can be found at www.PositivePosture.com.

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