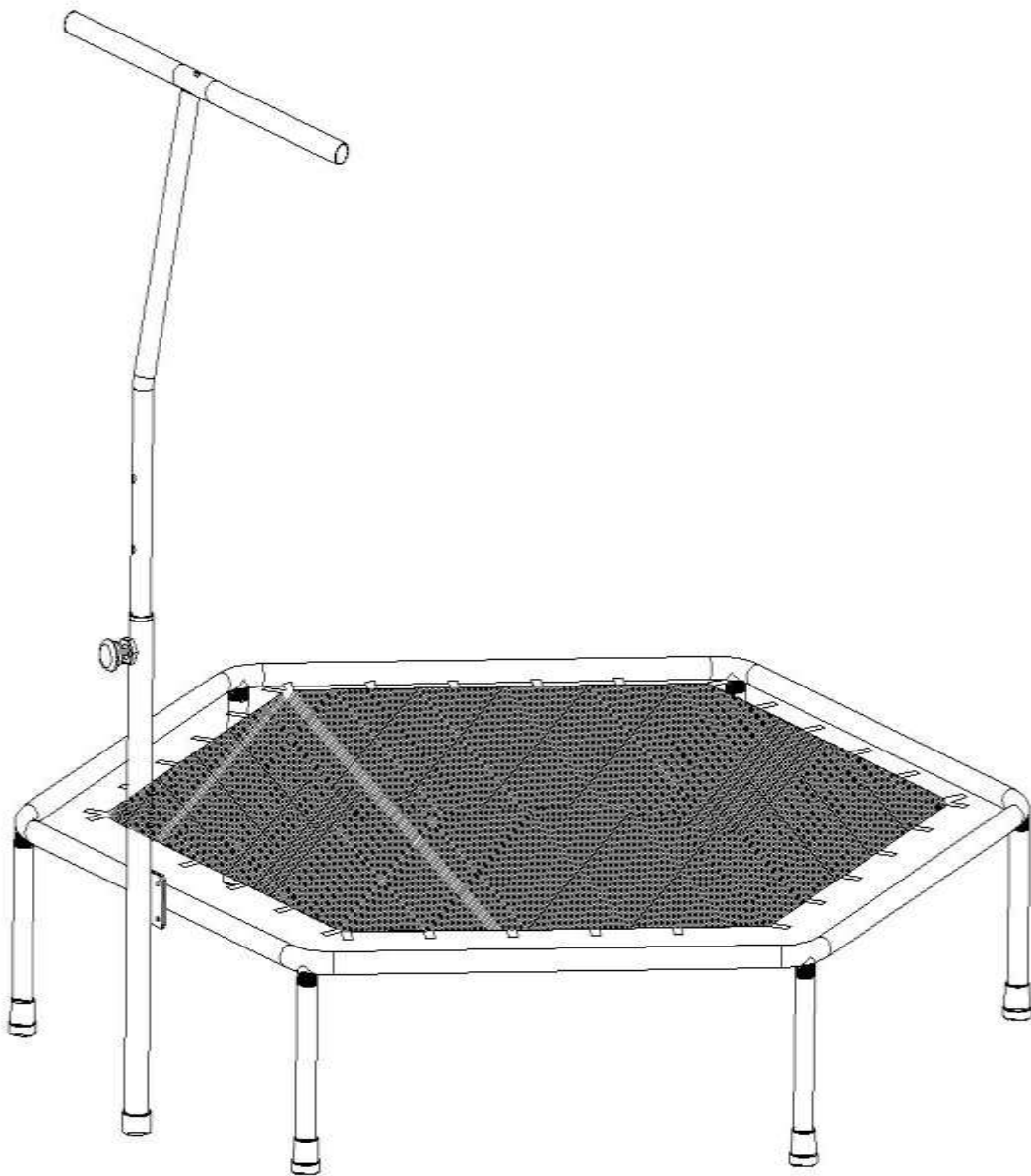




50inch hexagonal trampoline with handrail manual



Safety Instructions

- To ensure the best safety of the trampoline, regularly check it for damages and worn parts. Such as mat, ropes, pad and bolts.
- If you pass on this trampoline to another person or if you allow another person to use it, make sure that that person is familiar with the product and details in these instructions.
- Only one person should use the trampoline at a time.
- Before using the trampoline always make sure that the screws, bolts and other joints are properly tightened and firmly secured.
- Before you start your work-out, remove all sharp-edged objects around the trampoline.
- Only use the trampoline for your work-out if it works properly.
- Any broken, worn or defective part must immediately be replaced. The trampoline must not be used until has been properly maintained and repaired.
- Parents and other supervisory persons should be aware of the situations which may arise for which the trampoline designed for and which may occur due to children's natural play. Parents should always supervise their children when using the trampoline, it must only be used for its purpose and not as a toy.
- If you do allow children to use this trampoline, be sure to take into consideration and assess their metal and physical condition and development, and above all their temperament. Children should use the trampoline only under adult supervision and be instructed on the correct and proper use if the trampoline, the trampoline is not a toy.
- Please note that an improper and excessive work-out may be harmful to your health.
- Please note that levers and other adjustment mechanisms are not projecting into the area of movement during use.
- When setting up the trampoline, please make sure that the trampoline is standing on an even surface.
- Always wear appropriate clothing and shoes when using the trampoline. The clothes must be designed in a way so that they will not get caught in any part of the trampoline during the work-out due to their form (for example, length). Be sure to wear shoes, which firmly support your feet and have a non-slip sole.
- Be sure to consult a physician before you start any exercise program, they may give you proper and advise with respect to your individual ability and your eating habits.
- Be sure know the safety level of the trampoline can be maintained only if it is examination regularly for damage and wear, such as: ropes, mat, connection bolts.
- It is suitable for domestic use (class H)
- Be sure you have at least 1 m free space around the trampoline when you use it, please be also attention the room height is enough for you playing trampoline.
- Always jump in the middle of mat. Do not jump on the edge of frame pad, the elastic ropes, and the frame tubes.
- The trampoline is design for doing jumping exercise.
- When you get on the trampoline, do not step on the frame tube, otherwise the trampoline will tilt.
- The minimum age for users is 14 years

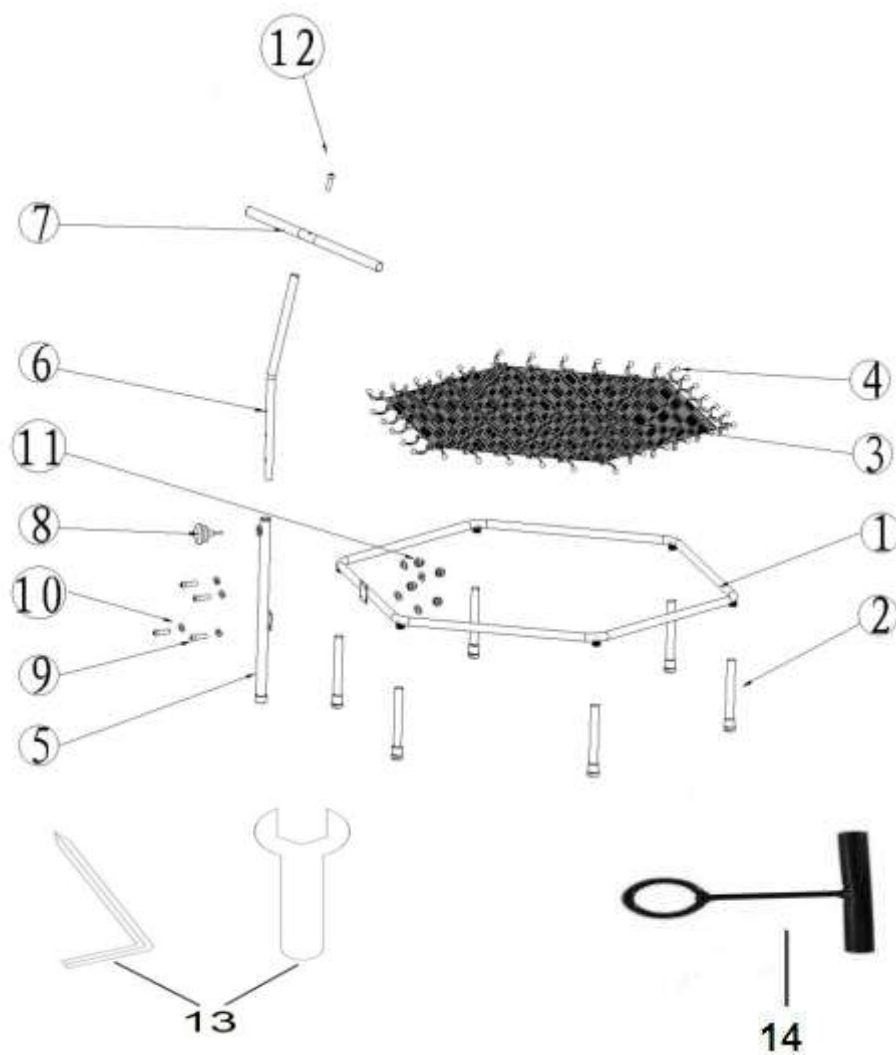
MAX USER WEIGHT:120KG

Important Notes

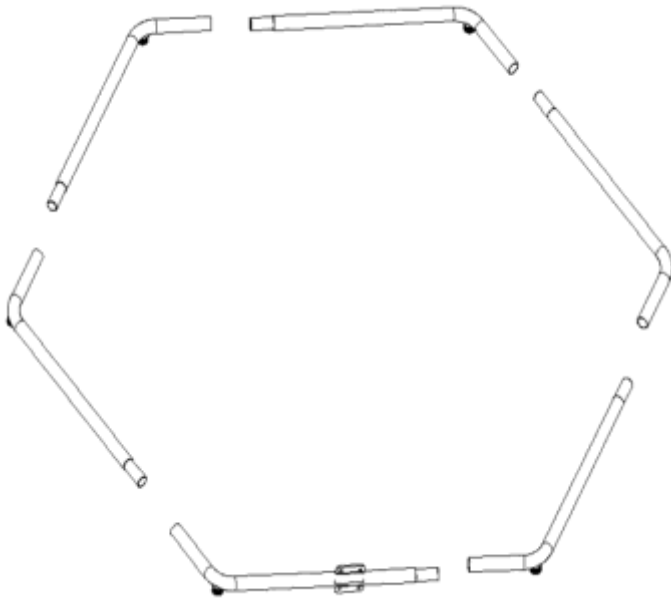
- Assemble the trampoline as per the assembly instructions and be sure to only use the structural parts provided with the trampoline. Prior to the assembly, make sure the contents are correct by referring to the parts list on the assembly and operating instructions.
- Be sure to set up the trampoline in a dry and even place. Always protect it from humidity. If you wish to protect the trampoline particularly against pressure points, contamination, etc., it is recommended to put a suitable, non-slip mat under the trampoline.
- The general rule is that trampoline and exercise equipment are not toys. Therefore, they must only be used under adult supervision.
- Stop use immediately if got experience dizziness, nausea, chest pain or any other physical symptoms. In case of doubt, consult your physician immediately.
- Children, disabled and handicapped person should use the trampoline only under supervision and in presence of another person who give support and advice.
- Be sure that your body parts and those of other persons are never close to any moving parts of the trampoline during use.
- When adjusting any parts, make sure they are adjusted properly and note the marked maximum adjusting position, for example of the saddle support, respectively.
- Do not use immediately after meals!

PRODUCT PARTS LIST:

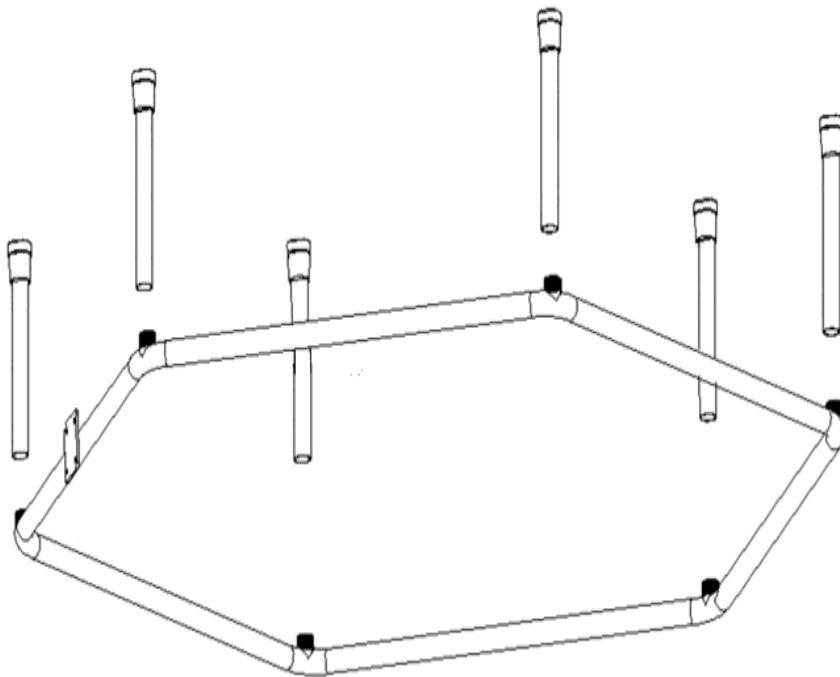
1. FRAME TUBES	6 PCS
2. LEG	6 PCS
3. MAT	1 PC
4. BUNGEE CORD	42 PCS
5. BOTTOM HANDRAIL SUPPORT	1 PC
6. UPPER HANDRAIL SUPPORT	1 PC
7. HANDRAIL	1 PC
8. ADJUSTMENT KNOB	1 PC
9. SMALL BOLT	4 PCS
10. SMALL WASHER	8 PCS
11. NUT	4 PCS
12. BIG BOLT	1 PC
13. WRENCH	2 PCS
14. BUNGEE CORD ASSEMBLY TOOL	1 PC



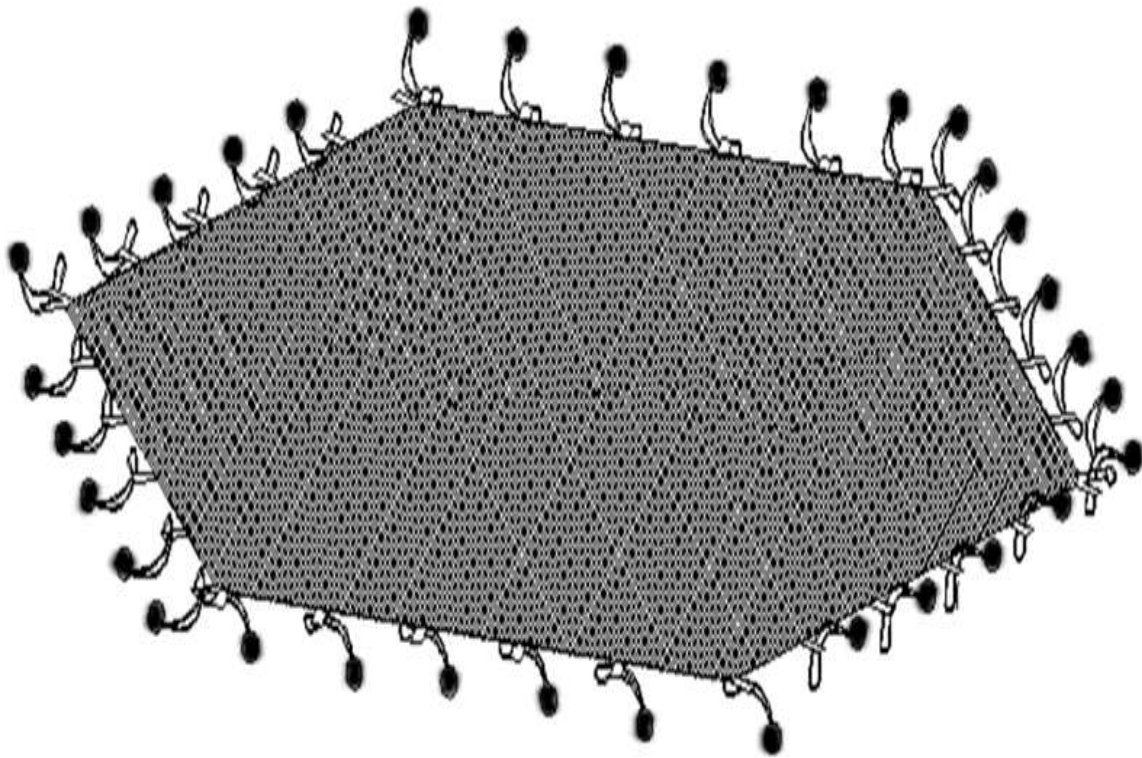
STEP 1: Connect all 6 pcs of frame tubes as following figure



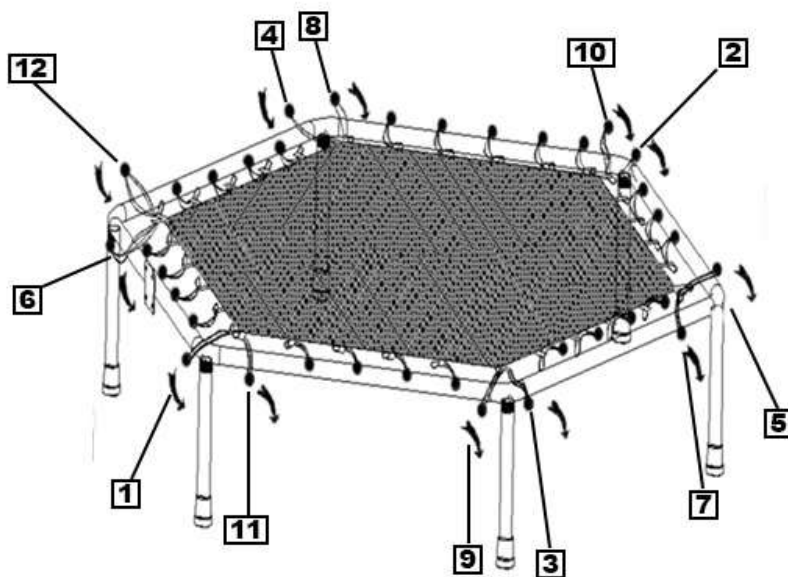
Step 2: Remove the caps that cover the leg holes. Screw all legs into the frame leg connector.



Step 3: Assemble all the bungee cords#4 on the mat#3.



Step 4: Fasten the bungee cords to the frame tube, first fasten the two bungee cords on every corner (12 elastic attachments) as following figure, then fasten the remaining cords (36 elastic attachments) in an alternating manner on **opposite sides** of the trampoline to ensure even tension.



Secure 7 elastic attachment loops each to each of the 6 sides

Instruction of bungee cord assembly.



Step 4.1



Step 4.2



Step 4.3



Step 4.4



Step 4.5



Step 4.6

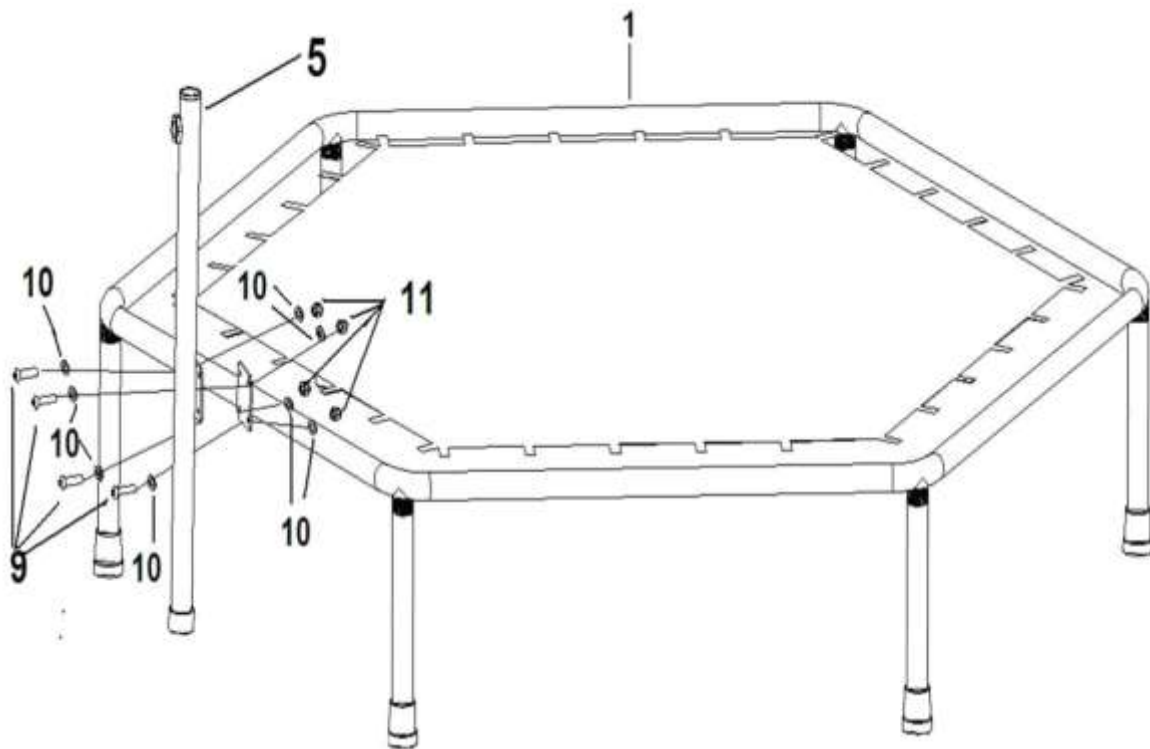


Step 4.7

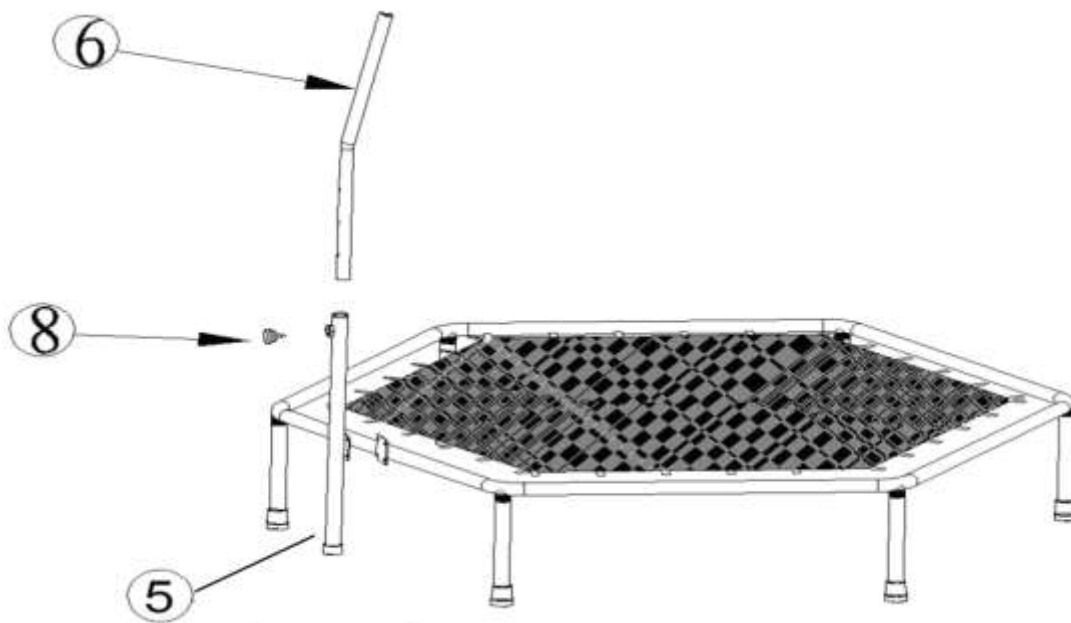


Step 4.8

Step 5: Assemble the bottom handrail support #5 to the frame tube #1 by screws with wrench as following figure.



Step 6: Assemble the upper handrail support #6 to the bottom handrail support #5 by the adjustment knob #8 as following figure.



Step7: Assemble the handrail#7 to the upper handrail support#6 with screw#12 as following figure.

