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## CONTACT

1-844-282-4401 cubii.com/help support@mycubii.com

# **Using Your Cubii JR2+**

Follow the guidelines below to enhance your experience.

## **ADJUSTING THE RESISTANCE**

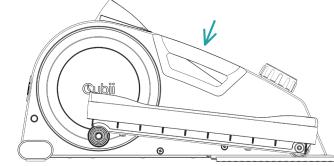
Cubii JR2+ comes with 8 resistance levels, adjust your workout intensity by turning the resistance control knob. Level 1 is the lowest intensity and level 8 is the highest. We recommend you begin at Level 1 and increase the intensity gradually over time.

## **GETTING YOUR GROOVE**

You can use your Cubii JR2+ in short intervals throughout the day or for long periods of time. We recommend you begin with a five minute session, see how your body feels afterwards, and increase your session length gradually over time. You can also go forwards or backwards on the Cubii JR2+ to work different muscle groups.

## **CARRYING AND STORING YOUR JR2+**

- 1. To store Cubii, simply keep it in a clean dry place.
- 2. Cubii JR2+ is approximately 20.7" x 17.8" x 8.8"
- **3.** Hold the handle to move Cubii. For additional support, place your other hand under the base. Do not use the pedal arms to move Cubii. Ask a friend, family member or colleague for help if you find it heavy.



# **READING THE DISPLAY CONSOLE**

**User Options** Press the **USER** button to switch between User 1, User 2, and Guest. Current selection indicated by triangle.

**Top Row** The top row displays your total number of strides. A "stride" is the equivalent of one full rotation of the pedaling motion.

**Bottom Row** The bottom row displays the metrics:

3450

Ü

Press the **MODE** button to switch between metrics. Use the **SCAN** mode to automatically toggle between metrics every 7 seconds.

The Bluetooth<sup>®</sup> symbol flashs when available to connect to a device. The symbol remains solid when connected to the Cubii app. The elliptical must be charged to pair with a device.

The number of bars in the battery symbol indicates battery charge remaining. The symbol will flash for 20 seconds when unit requires recharging. The symbol flashes while charging and remains solid when charging is complete. The symbol disappears when not plugged in.

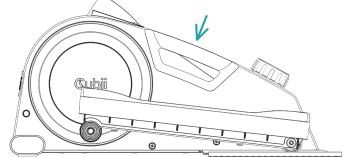
To switch between miles and kilometers, use the **MODE** button to select the **DISTANCE** metric, then hold the **MODE** button for 6 seconds.

## Manual Data Reset

Manually reset workout data for any profile by selecting the profile, then hold **MODE** for 3 seconds. This resets data displayed on the screen for the selected profile.

See the included Owner's Manual for more features, such as creating a "Smart Reset" to automatically reset workout data each night, or for info on unlinking profiles from the console.

Please Note: Cubii JR2+ is only to be used while sitting. Do not stand on the unit.



- **TIME** elapsed during active workout
- **DISTANCE** (mi or km) pedaled
- **CALORIES** burned
- **RPM** rotations per minute (pedaling speed)

## **BLUETOOTH® WIRELESS TECHNOLOGY FEATURES**

### **Battery Indicator**

### **Distance Metric Toggle**





# Quick Start Guide

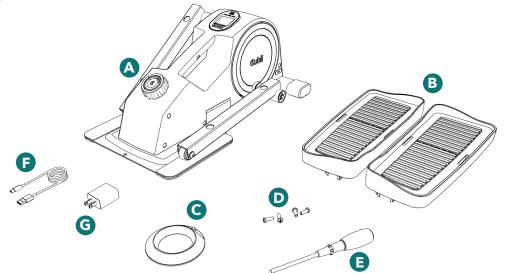


# **Assembly Guide**

# Cubii JR2+ Compact Elliptical

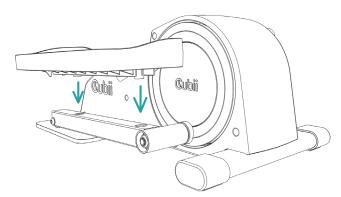
Remove all of the components from the Cubii JR2+ box. Included you should find:

- **A** CUBII JR2+ UNIT BODY
- **G** SCREWDRIVER **B** LEFT AND RIGHT PEDALS CHARGING CABLE
- **G** WHEEL CUP STOPPER
- **D** SCREWS (X4)



# STEP 1 – Alian

Align the right pedal with the right arm. Insert the bottom of the pedal into the two small holes.



**G** AC POWER ADAPTER

# **STEP 2** – Flip

For maximum support, make sure you flip the pedal you are assembling so it is at the bottom and close to the base.

# **STEP 3** – Screw

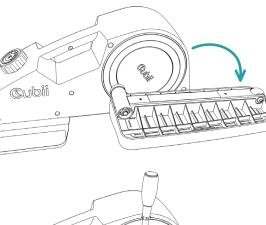
With a screwdriver, screw in the pedal until tight. Make sure it does not wobble.

# **STEP 4** – Repeat

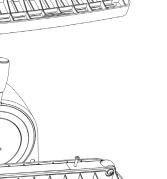
Repeat steps 1-3 with the left pedal.

# **CHARGING YOUR JR2+**

The charge port is located above the crossbar near the front of the unit. Once plugged in, the screen will power on and the lightning bolt symbol will flash to indicate the unit is charging. The symbol will remain solid when it is fully charged.



Cubii





# The Cubii App

# **BLUETOOTH®\* APP FEATURES**

- The app supports many features such as:
- Personalize your profile and workout goals
- Track activity and see your progress
- Adjust certain elliptical settings
- Create or participate in group leaderboards • Chat with friends and socialize in our one-
- of-a-kind Cubii Communitii™

## • and much more!

\*The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Fitness Cubed Inc is under license. Other trademarks and trade names are those of their respective owners.

# **INSTALLING THE CUBILAPP**

The Cubii app is currently available on your app store by searching for "Cubii". For more detailed information on downloading, installing, or using the Cubii app, see the included JR2+ Owner's Manual.

# **PAIRING WITH THE CUBILAPP**

To pair with the Cubii app, please follow these instructions:

- **1.** Start pedaling to trigger the Bluetooth<sup>®</sup> signal. You'll see the Bluetooth<sup>®</sup> symbol glow and start blinking on the display console.
- 2. Confirm that you've enabled Bluetooth<sup>®</sup> Wireless Technology in your device's settings.
- 3. The app will detect your Cubii elliptical via Bluetooth® Wireless Technology. Select your elliptical in the app.
- 4. Once successfully paired, the Bluetooth<sup>®</sup> symbol will stop blinking.
- 5. Select if you would like to become User 1, User 2, or proceed as Guest
- 6. Start your workout and enjoy your Cubii experience!

From here on, every time you launch the app, it will search for all Cubii devices in your vicinity and automatically connect with an elliptical that it has already paired with. If it does not automatically reconnect, you can manually reconnect in the app.



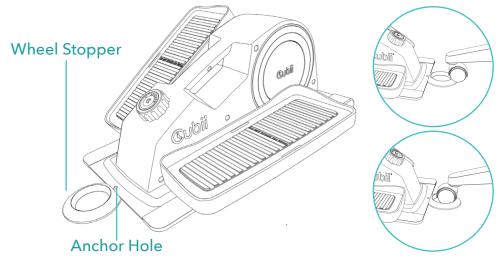
# **Find Your Comfort Zone**

Find the seat configuration that suits you most. If you feel there is not enough room between your knees and the desk, push your Cubii JR2+ away from you and lower the chair height.

# **SECURING YOUR CHAIR**

If you're using Cubii JR2+ while sitting in a chair with wheels or casters, follow the steps below:

- 1. Find the Wheel Stopper that is included with your JR2+.
- 2. Lift up the back of your Cubii JR2+ and place the interfacing portion of the wheel stopper under the base plate. The nub goes through the anchor hole.
- 3. Roll one wheel from your chair onto the circle of the stopper until it is snug in place.
- 4. If you feel you are too close to your Cubii, the Wheel Stopper can be detached from the base plate and positioned in the location that is best for your needs.



Find detailed product manual, assembly instructions, and warranty details at cubii.com/manuals