Indoor Traditional Sauna

User Manual



Available for HY8

Thanks for choosing our saunas. Please take the time to read through this manual carefully. Keep this manual and your proof of purchase for future reference and services.

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Installation Guide

Please read the following directions carefully. The sauna installation requires at least 2 people, and more people if the sauna cabin is big and heavy. You should not try to install the sauna on your own as damage will easily occur.

Electrical Requirements

Each sauna will require a exclusive circuit when plugged in an outlet. An exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.

Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.

Package Information

All included in a plywood box, please make sure that you open the boxes face up.

Please put on gloves and be very careful when opening boxes, take out each part carefully due to fragile parts and glass, be patient of no missing any small accessories.

Where to Start

Before the start of installation, please remove the dust-proof cover from the top panel to take out the accessories and screws etc.



Cautions to Installation

1- No plumbing or plumbing fixtures should be placed in the sauna.
2- Keep all liquids away from the heating panels
3- Install the sauna on a completely level surface.
4- Install the sauna in an area that is dry and protected from the weather.
5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Installation Procedure

Tips before installation

1. To fasten rear wall with side walls by buckle locking system.





2. Screws & screws driver.(Continued in next page)





1. 35mm x 16pcs, 8pcs to fix the ceiling, 4pcs to fix stove guard, 4pcs to install stove guard to wall.
2. 25mm x 6pcs, 2pcs to install sand timer, 4pcs to install cup holders.
3. 16mm x 11pcs, 10pcs to install dust-proof cover, 1pc to install thermo-hygrometer.
4. Allen wrench x 1pct o install glass door.

Installation procedure



Step 1. Floor panel



Step 2. Rear panel



Step 3. Left panel



Step 4. Right panel

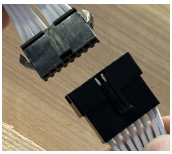


Step 5. Bench support

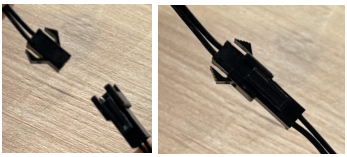


Step 6. Seat panel





Control panel wires

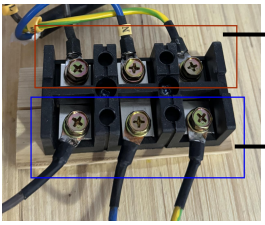


Temperature sensor wires





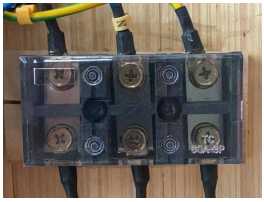
Wall LED lamp wires



These wires are connected by the manufacturer

These wires are connected by users

Stove wires



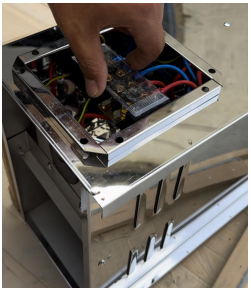
Put a cover on the wires bar

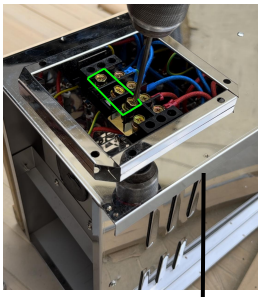
Tips: Match the wire color one by one

Connect the wires tightly enough

Step 7. Top panel & Wires connection





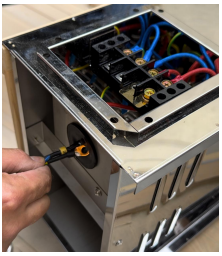
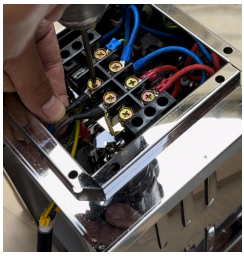


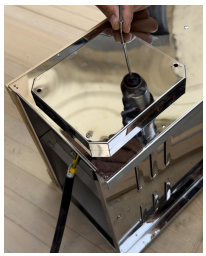
8-1 Take the stove out of packing box, lay it down on sauna's floor.

8-2 Unscrew the 4 screws and remove the external cover.

8-3 Remove the plastic cover on wires bar.

8-4 Unscrew the 3 screws in the area highlighted.

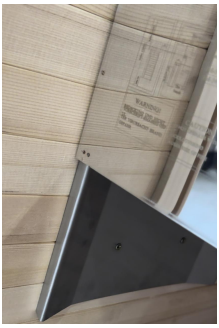
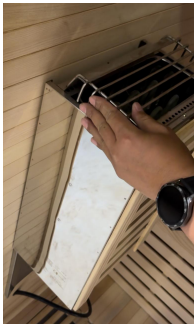
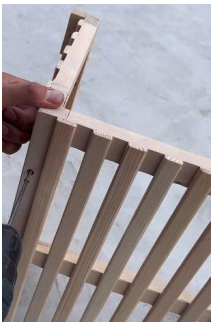


8-5 Put the stove wires out of left side wall into the stove via the hole on bottom.

8-6 Install the stove wires Ground, N, L wire one by one with the unscrewed original 3 screws tightly enough.

8-7 Put the plastic cover back to the wires bar.

8-8 Install the external cover back with unscrewed original 4 screws.

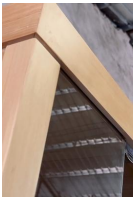
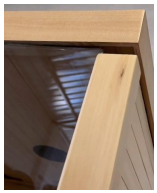

8-9 Hang the stove carefully to the metal panel installed on left side wall.

8-10 Assemble the 3 pieces of stove guard with screws 35mm x 4pcs.

8-11 Install the stove guard to the wall with screws 35mm x 4pcs via the wood strips on top and bottom.

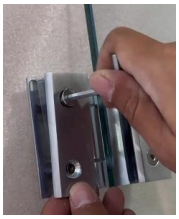
Step 8. Stove and stove guard

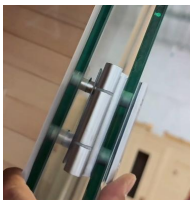



Step 9. Glass panels

Tips: Lift the ceiling, match the top and down grooves very well







10-1 Unscrew the internal parts of hinges with an Allen wrench, remove this parts together with the insulation pads.

Tips: Be patient of no missing the screws and pads of hinges at this step.

10-2 Match the 2 pods of hinges to the holes on right glass panel, put the internal parts back and fix the screws with an Allen wrench.

Step 10. Glass door





Step 11. Door handle

After every function works well, put screws 35mm x 6-8pcs to fix the top panel with rear and side walls. Finally fix the dust-proof cover with screws 16mm x 8-10pcs.



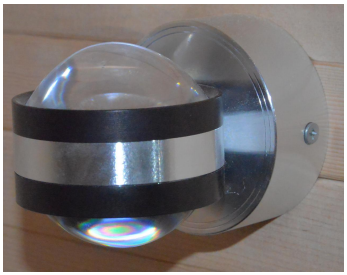


Step 12. Dust-proof cover

Accessories

LED lamp (Assemble to the bracket on right wall.)



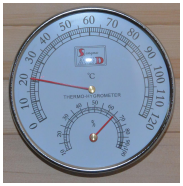


1. Connect the wire of lamp with the wire out of wall,
2. Sort out the wires and place them on back of lamp well.
3. Match the holes on lamp with holes of bracket well.
4. Put original screws which are packed together with the lamp to the holes and fix them well.

Thermo-hygrometer & Sand timer

Please fix these 2 accessories on the walls as per the punched holes or on your desired locations.









Screws 16mm x 1pc to install on wall and hang the Thermo-hygrometer.
Screws 25mm x 2pcs to install the sand timer.

Stones for stove

Stones are packed in the stove box. Please wash the stones before using at the 1st time and place stones on the stove evenly. Don't leave stones in dry heating for long time.



Bucket & Ladle

Place the bucket with water on bench, put one ladle of water to the hot enough stones on stove to make steam.
Tips: Don't put too much water one time, and make sure the stones are hot enough.



Cup holder (optional)

Install the cup holders at your desired location with screws 25mm x 4pcs. Make sure not to install on or in front of the stove. If you don't like, just ignore it.

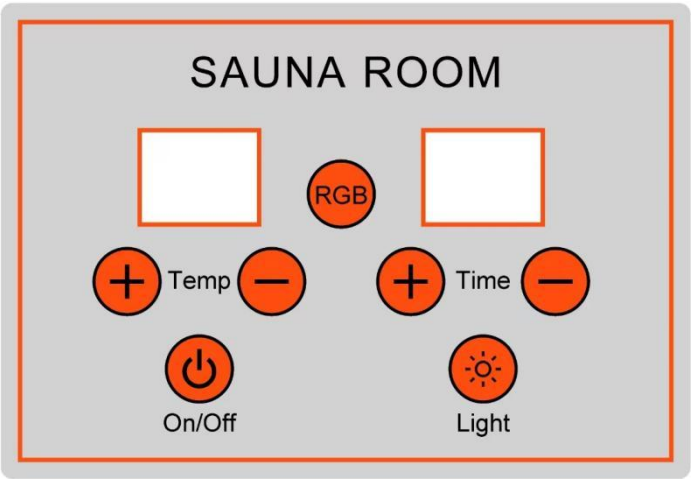


Towel rack

If you want, please make the internal half of door handle as a towel rack.



Operation Instructions of Control Panel





Power Button (On/Off)

This button turns the sauna on or off.



Light Button (On/Off)

This button turns the LED lamp on or off.



Temperature Setting

Press  or  button to increase or decrease the sauna temperature. The heaters will turn off when the sauna reaches its desired temperature.

Temperature setting ranges from 64 to 194℉. Press **Light Button** 3 seconds to switch ℉ to ℃.



Timer Setting

Press  or  button to increase or decrease the sauna timer. It will count down until 00 and shut down the heaters.

Tips: Time setting ranges from 1 to 99 minutes.



RGB light Button

Press this button to switch RGB light.

Tips: HY8 excludes RGB light, this button is invalid.

Blue-tooth function: Source SAUNA BT on your mobile phone or other devices with Blue-tooth function, connect with it when the sauna turns on, then you can play music etc. via blue-tooth. To adjust volume, change playing turns, pause or stop via your mobile phone.

Usage Guide

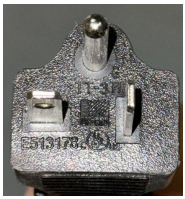
Conditions to use the sauna:

1, Temperature range: +5~+40 ℃(41-104 F degrees).

2, Relative humidity: ≤85%

3, Depression: 700-1060 hPa

4, Main supply: Frequency 60Hz ±1, AC 220V-240V, plug 20A



Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.

When you use the sauna, if you feel stuffy, open the vent in the ceiling to allow fresh air into the sauna.

Precautions to Use the Sauna

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation,

which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.

- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier‘s representative; otherwise product warranty may be voided.

In the rare event, you feel painful and/or discomfortable, immediately discontinue sauna use.

Cleaning and Maintenance

Use a clean damp towel to wipe off the bench, floor and around the back panel.

Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.

Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

Wood Care

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.

The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.

Please avoid any treatment containing benzene or a high concentration of alcohol.

Troubleshooting

The sauna does not power on

- Make sure the power cord of sauna is connected to the right socket at your home.
- Make sure the power cord of sauna is connected well to the electric box on the top of sauna.
- Make sure the overload protector (breaker) did not turn off.
- Make sure the control panel wire is connected.

Control panel displays abnormal or has malfunction

- Error code E0: The temperature sensor doesn't connect well, connect it again.
- Error code E1: There is a short circuit, replace a new temperature sensor or circuit board
- To make sure the 3 wires for control panel connected well: to the control panel, to the circuit board, middle connection on roof.
- Replace a new wire for control panel.
- Replace a new control panel.

Stove does not work

- Make sure the wires are connected well on roof and on stove itself.
- Make sure the wires are in fine condition.
- Replace a wire or components of stove or power box.

LED lamp does not work

- Make sure the wires are connected well on roof and on lamp itself.
- Make sure the wires are in fine condition.
- Replace wires or a new lamp.

For more troubleshooting advice or to report a problem, please contact with your supplier.