

HANGING YOUR HAMMOCK

To hang your Lazy Daze hammock you will require two fixed points, such as trees, posts, or an appropriately sized hammock stand. Never hang hammocks from a freestanding brick wall.

Select a location that is free of sharp objects, rocks or other debris that could be hazardous in case of a fall. Do not twist or knot ropes when hanging.

The center of the hammock should be at a height where the user can enter and exit the hammock safely, but also high enough that it will not touch the ground after weight is in the hammock. Leave some slack in the fabric to help prevent tipping.

⚠ WARNING: Failure to read and follow instructions and safety warnings could result in serious injury.

HOW TO RELAX IN YOUR HAMMOCK

⚠ BEFORE USE: Carefully read all use, care, and safety information to ensure the hammock is used safely.



Take your time getting into and out of your hammock; any hammock can tip when weight is not centered.



1 With your backside toward the hammock, hold the edge with both hands and slowly sit in the hammock, ensuring both feet remain firmly on the ground.



2 Once seated and stabilized, continue to firmly hold the edge of the hammock and carefully scoot yourself backward, toward the center of the hammock.



3 Release one hand and firmly grip the opposite side of the hammock. Lift one leg into the hammock, then the other.

If the hammock begins to tip, position your feet back on the ground and start again.



4 Once you have found a comfortable position, release the sides of the hammock and relax.