

Home MMA Interlocking Foam Floor Mats 10 Pack Installation Instructions

SKU: HMMA22XXXX10

Materials Needed:

Utility knife or Box cutter Straight edge

Wall to Wall Installation Instructions

Cutting the Material

Use a retractable utility knife or box cutter and a straight edge. Start with a new blade and change the blade if the mat begins to fray when you are cutting the mat.

Layout Option One - Using some border strips (included).

Step 1. Start by placing one tile in the corner of your room that shares the two longest walls, this corner tile should have two border strips attached.

Step 2. Next install mats with one border strip attached running away from the one corner tile in two directions to cover two walls.

Step 3. Interlock all the mats that do not need to be cut working towards the opposite corner of the room from where you started. When all the mats are installed that do not need to be cut, then go ahead and start cutting the perimeter mats to fit up against the wall of your room - leave a 1/4 inch gap for mat expansion.

For many layouts you can use one mat in two spaces if the space to fill up against the wall is less than 10 inches wide.

Layout Option Two - Using no border strips.

Step 1. Start the layout in the center of your room and install all the mats that do not need to be cut. Center the layout in the middle of the room. Next begin cutting mats to fit around the perimeter of your room. Remember to save the scraps as you may be able to use them again to fill another gap in your room.

Please note: When figuring square foot coverage - these mats will lose 3/8 inch per tile after interlocking the tiles together.

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