## Hi-Brix Benefits

## The Benefits of a Hi-Brix Growing System for your Family

- Hi-Brix vegetables offer superb flavor and taste.
- Children love to eat their Hi-Brix vegetables.
- Hi-Brix produce are a powerhouse of nourishment for all ages.
- Hi-Brix fruits, vegetables, and berries are nutrionally superior.
- With Hi-Brix Growing System, you are growing your own vitamins.
- Hi-Brix fruits and vegetables reduce food cravings.
- Hi-Brix produce has a much longer shelf life (storage).
- Hi-Brix have greater mineral and nutrient density.
- Hi-Brix foods have greater carbohydrate levels, used for metabolic functions; and, Hi-Brix foods have greater mineral denisty including calcium, copper, iron, and manganese— used as co-enzymes in the disgestive process for easy assimilation into the body.

## The Benefits of a Hi-Brix Growing System for your Plants

- Hi-Brix plants have superior immunity to bacterial, fungal mildew, and insect attacks.
- Hi-Brix levels increase the volume of vascular tissues that conduct water and dissolved nutrients upward from the roots (xylem); and, increase tissues that conduct sugars and metabolic products downward from the leaves (phloem)— essentially the definition of a strong, vibrant, healthy plant.
- Hi-Brix plants require less water and are more drought tolerant.
- Because of higher photosynthates (hydrophilic sugar substances)
  Hi-Brix plants tolerate early frost and light freezes, extending harvests.





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